

# SOUTHSIDE SENIOR CENTER

10080 Beach Blvd ~ Jacksonville, FL 32246 ~ 904-255-6940

Specialist: Charles Webster

# MARCH 2024

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walking for Health 8 a.m. Games-Puzzles 8 a.m. Canasta 9 a.m. Spanish Class 10:30 a.m. Bingo 11 a.m. History Bytes w/Tony 1 p.m. Chair Volleyball 1 p.m. Knitting/Crocheting 1 p.m. Country Line Dancing 2 p.m. (V)=video	Walking for Health 8 a.m. Puzzles-Games 8 a.m. Bridge 9 a.m. Jazzco Line Dance 10 a.m. Tai Chi w/Kathleen 10 a.m. Noodle Balloon 1 p.m.	Walking for Health 8 a.m. Games-Puzzles 8 a.m. Painting w/Angelo 9 a.m. <b>Chinese Folk Dancing 9:30 a.m.</b> Book Club 10 a.m. Ukulele Lesson/Singalong 11 a.m.  Ballroom Dancing 7:30 p.m.	Walking for Health 8 a.m. Puzzles-Games 8 a.m. Canasta 9:20 a.m. Trivia 11 a.m.	Walking for Health 8 a.m. Games-Puzzles 8 a.m. Bible Study 10 a.m. Spanish Class 10:30 a.m. Bingo 11 a.m. Chair Volleyball 1 p.m. Craft Class 1-2 p.m.
<b>AVAILABLE DAILY:</b> Puzzles/Games, Hiking, Exercise, Board Games, Card Games, Coloring and Computer Lab <b>BREAKFAST: 9 a.m. LUNCH: 12 p.m.</b>				
<b>The Lounge Area will be CLOSED for Election Activities from Feb 29-Mar 20</b>			<b>The Lounge Area will be CLOSED for Election Activities from Feb 29-Mar 20</b>	<b>1</b>
<b>4</b> Blood Pressure Screenings w/Dana	<b>5</b> Noodle Balloon 1 p.m.	<b>6 OREO Cookie Day</b> Chinese Folk Dancing 9:30 a.m. Ulysis concert 1 p.m.	<b>7 MUSIC:</b> Gil Milano guitar 10 a.m. <b>FIELD TRIP:</b> Sprouts Atlantic Blvd 10 a.m. <b>CRAFT:</b> Card-making 1 p.m.	<b>8</b> Nature Walk w/Naturalist Jolie 10 a.m.
<b>11</b>	<b>12</b> Noodle Balloon 1 p.m.	<b>13</b> Chinese Folk Dancing 9:30 a.m.  <b>FIELD TRIP:</b> Shrimp Shack, Beach Blvd 10:30 a.m.	<b>14</b> <b>Florida Blue:</b> There is no health without mental health by Diana Sandoval 10 a.m. Advisory Council Meeting 10 a.m.	<b>15 St. Paddy's Day</b> Gilberto concert 12 p.m.
<b>18</b>	<b>19</b> Noodle Balloon 1 p.m.	<b>20</b> Chinese Folk Dancing 9:30 a.m.	21 Safety & Security Seminar: Spotting the Scam @ Extension Office (registration required) 10:30 a.m.	22 Chair Exercise (V) 9 a.m.
25 Chair Exercise (V) 9 a.m. National Medal of Honor Day Program w/ Charlie 10 a.m.	26 Chair Exercise (V) 9 a.m. Noodle Balloon 1 p.m.	27 Chair Exercise (V) 9 a.m.  Chinese Folk Dancing 9:30 a.m. <b>FIELD TRIP:</b> Sakura Buffet, Atlantic Blvd 10:30 a.m.	28 Chair Exercise (V) 9 a.m.	29 <b>Center closed for Fish-A-Thon at Hanna Park</b>