

PROCLAMATION

WHEREAS: Yoga is an ancient practice that supports a healthy mind and body. For thousands of years in India, spiritual training has been considered a part of physical training. The Surya Namaskar (SUN Salutation) is a special 10-step sequence of yoga postures that provides the key health benefits of yoga; and

WHEREAS: Hindu Swayamsevak Sangh USA (HSS) is a voluntary, nonprofit, social and cultural organization that aims to preserve and share ancient Hindu heritage and cultural values with the next generation of Hindus and raise awareness around the world; and

WHEREAS: HSS, including the local Jacksonville chapter, is participating in the 12th year of its national Health for Humanity Yogathon campaign, also known as "Surya Namaskar Yajna." The goal of the 16-day observance is to complete a collective one million SUN Salutations by 12,000 participants, and to promote friendship, mutual understanding and good health among multicultural and diverse members of the community; and

WHEREAS: During the observance, HSS invites yoga enthusiasts, yoga studios, local schools and organizations to participate by including daily SUN Salutations as a part of physical activity and/or spiritual training.

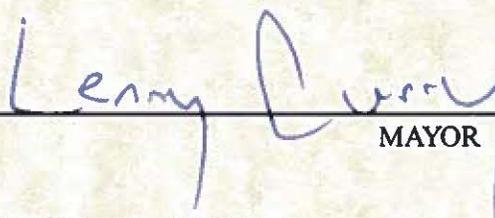
NOW, THEREFORE, I, LENNY CURRY, by virtue of the authority vested in me as mayor of Jacksonville, Florida, do hereby designate the dates of January 13 - January 31, 2018 as

HEALTH FOR HUMANITY YOGATHON

in Jacksonville and encourage all citizens to recognize the positive impact this event has in encouraging participants' spiritual and physical well-being, as well as sharing the Hindu culture.



IN WITNESS THEREOF, this 10th day of January
in the year Two Thousand 18


MAYOR

CITY OF JACKSONVILLE, FLORIDA