

# Mayor's Council on Fitness and Well Being Minutes for October 1, 2014 Meeting Conference Room 851, 8<sup>th</sup> Floor, Ed Ball Building, 214 N. Hogan St

#### ATTENDANCE:

Mr. Bryan Campbell, Chair

Mr. Joseph Bergman Mr. Tim Burrows Ms. Karen Coleman Ms. Nancy Crain Dr. Ellan Duke

Ms. Tonisha Gaines Ms. Alicia Hinte

Dr. Laureen Husband Ms. Michelle Jeckel Mr. Christopher Lalla

Mr. Jim Mackie Mr. Keith Meyerl

Ms. Bernadette Overstreet The Honorable Don Redman

Dr. Chris Robertson Mr. Glenn Sebold

Ms. Jennifer Jones Stein Ms. Sharon Watkins Dr. Audrey Wooten

Ms. Wendy L Jones, Recorder

**Guests:** 

Mr. Mark Owens

**Duval County Medical Society** 

Sports & Entertainment, COJ YMCA of Florida's First Coast

Baptist Health
Baptist Health
River Hills Clinic
Special Events, COJ
UF Health of Jacksonville

Florida Department of Health in Duval County

Florida State College at Jacksonville

Retired, US Navy

Athletic Training & Sports Medicine Services COJ, Parks, Recreation & Community Services

Healthy Planning Council of NE Florida

City Council

Jacksonville University

American Association of Clinical Endocrinologist

St Vincent's Health Black Hog Farms

Northeast Florida Medical Society

City of Jacksonville

SOFITCO

## **PROCEEDINGS:**

## I. Welcome

Chairman, Bryan Campbell, called the meeting to order at 12:30 p.m. and no quorum at the present time.

The Chair extended a warm welcome to all the members and guest who were in attendance.

# II. Let's Move Challenge Update

Ms. Tonisha Gaines reported that there were no new updates or information to present for the Let's Move

Challenge.

## III. Chairman's Comments

Chairman, Bryan Campbell expressed that he has requested a meeting with Mia Jones or the Mayor to share with them the Strategic planning that the Council has approve. He also reminded all Council members about the Sunshine Law review that was sent out. AS we have 5 new members on the Council everyone need to review and be familiar with the Sunshine Law in Florida. Recorder, Wendy Jones, will check to see if an actual presentation of the Sunshine Laws will need to be done for the yearly update for the Council.

The 2 Task Force teams (Million Pound Challenge and Let's Move) will try to schedule meetings during the next month so that they can begin planning to promote and encourage the Citizens to participate. Chairman Campbell passed on that there is interest from Baptist Hospital and Humana regarding assisting with the promotion of the Million Pound Challenge in Duval County. Action News has backed away from the Million Pound Challenge as they are afraid it would be profit driven. Chairman encouraged all members who are with the local hospitals to encourage them to work with the Council on this major effort to get Duval healthy. Chairman Campbell encouraged Council members to seek investors to assist with the Council's goal in both areas of the Million Pound Challenge and the Let's Move Jacksonville.

# IV. Approval of Minutes

At this point in time a quorum has been reached and Chairman presented the minutes of the September 3, 2014 minutes for approval. Dr. Duke made the motion to accept the minutes as printed, with Ms. Jones-Stein making the second. There were no discussion and the minutes were approved.

## **V. Public Comments**

At this point in time the Chairman recognized Mark Owens from SOFITCO. He is new to the area and is representing the Company locally. He is very interested in what the Council is doing and wants to be a part of the fitness community. Mr. Owens told of his background in the fitness area as he worked with Bobby Bowden at FSU on the coaching staff. SOFITCO is a distributor for 20 manufactures of Fitness equipment.

#### VI. Round Table

Chairman Campbell went around the room allowing everyone to give updates on what is happening in their areas. A few highlights are: Dr. Robertson told of the need of internships for their students with local organizations. Councilman Don Redman spoke of legislation coming up regarding bicycle lanes from Art Market to San Marco across the Fuller Warren Bridge. Dr. Wooten spoke of a Medical Mission to rural Jamaica which will be coming up in November. Ms. Watkins is back after working out of state for the past 3 and half months. Black Hog is developing new programs to push for fresh food to SNAP program members. Dr. Husband told of a number of initiatives that are in the works such as Fit Day in the Park in November which is a Let's Move Jacksonville event, Food Day is planned for Hemming Plaza on October 24th, and over 65 schools will be participating in the International Walk to School Day on October 8th. Keith Meyerl shared that there will be a Health Fair at H.T. Jones Community Center on October 4th; Senior Games will be going on during the month of October throughout the City. Parks, Recreation and Community Services are seeking Health and Fitness activities for the winter programming. Ms. Overstreet told of the Hale & Hearty 7 K which is being planned for June 2015.

## VII. Adjournment and Next Meeting

At 1:18 p.m. Chairman Bryan Campbell adjourned the meeting. The next regular meeting of the Mayor's Council on Fitness and Well Being will be held Wednesday, November 5, 2014 at 12:30pm in Conference Room 851 in the Ed Ball Building at 214 N. Hogan St.

Respectfully submitted by Wendy L. Jones, Recorder