



**Mayor's Council on Fitness and Well Being**  
**February 3, 2016**  
**8<sup>th</sup> Floor, Ed Ball Building, Conference Room 851**  
**Agenda**

<b>I. Welcome, Introductions &amp; Attendance</b>	<b>Dr. Ellan Duke, Chair</b>
<b>II. Approval of Minutes</b>	<b>Council</b>
<b>III. Exercise is Medicine – <i>Dr. Bob Sallis</i></b>	<b>Dr. Heather Hausenblas</b>
<b>IV. Team RWB (Red, White &amp; Blue)</b>	<b>Joe Padlo</b>
<b>V. Open Streets Jax Project Update</b>	<b>Robin Mantz</b>
<b>VI. My Y on Demand Program</b>	<b>Tim Burrows, Vice Chair</b>
<b>VII. Public Comments</b>	<b>Council</b>
<b>VIII. New Business</b>	
<b>IX. Adjourn</b>	

The next scheduled meeting for the Council will prospectively be on  
**Wednesday, March 2, 2016** at the same location.

**Directions:** The Ed Ball Building is located at the intersection of N. Hogan and E. Adams St. in downtown Jacksonville. You may enter the building either in the middle of the block of E. Adams (approx. 2 blocks W of Main) or mid-block of N. Hogan (next to Quizno's). The entrance to the **Ed Ball Parking Garage** is on Monroe Street between the Ed Ball and the Courthouse- this is a one way street. You will exit on N. Julia.

*Pursuant to the American with Disabilities Act, accommodations for persons with disabilities are available upon request. Please allow 1-2 business days notification to process; last minute requests will be accepted, but may not be possible to fulfill. Please contact Disabled Services Division at: V (904) 630-4940, TTY (904) 630-4933, or email your request to [bmeyer@coj.net](mailto:bmeyer@coj.net)*

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