



See our November newsletter below. This month's newsletter features:

- Top 5 Diabetes Tests to Know About
- Mindful Moment: Be Present
- Recipe: Sweet and Savory Rosemary Baked Squash

## Florida Blue Centers

Health insurance shouldn't be confusing. That's why we've built Florida Blue Centers - a place where you can meet with us in person. Our Care Consultants can help you find an insurance or HMO plan, stay healthy, save money or understand your benefits. And with hours from morning to evening, you can come in when it works for your schedule. It's all free and all part of being Blue.



## Florida Blue Centers Near You:

- 📍 Jacksonville - River City Marketplace  
13141 City Station Drive  
Jacksonville, FL 32218  
(904) 394-2250
- 📍 Jacksonville - St. John's Town Center  
4855 Town Center Pkwy  
Jacksonville, FL 32246  
(904) 363-5870
- 📍 Tallahassee  
2116 Apalachee Parkway  
Tallahassee, FL 32301  
(850) 558-3061