# SUSTAINABLE FOOD

### THE 2014 EPB/UNF ENVIRONMENTAL SYMPOSIUM By Anna Rabhan

FRIDAY, AUGUST 15, 2014

# **AND YOU ARE?**

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### AND... THE DIRECTOR OF VEGETABLE AFFAIRS



gastrofest.com facebook.com/gastrofest @gastrofestjax Instagram.com/gastrofest

Save the Date

The Full-Scale Jacksonville Food Festival You've Been Waiting For!



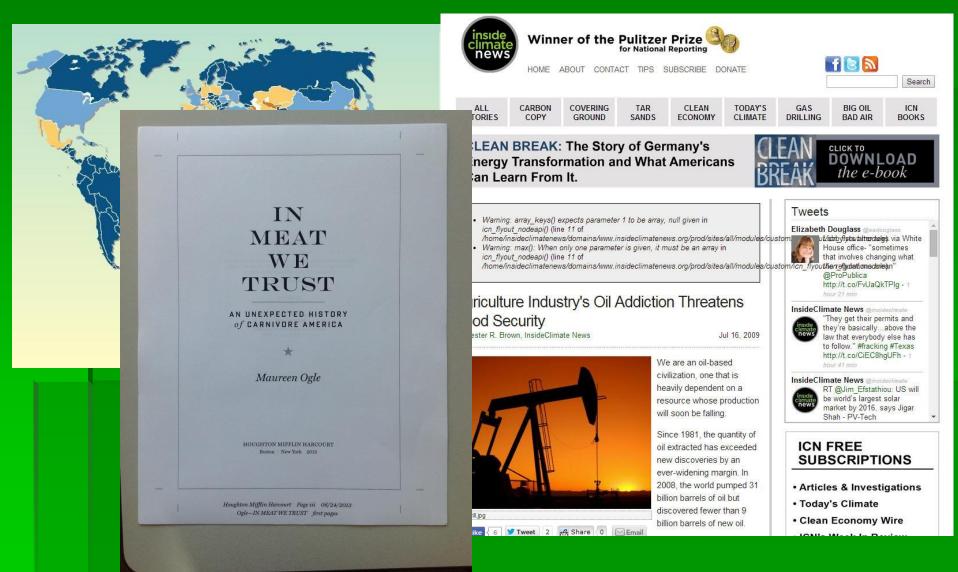
IN HEMMING PARK the weekend of MARCH 21ST

# WHAT IS SUSTAINABLE FOOD?

"The production of food, fiber or other plant or animal products using farming techniques that protect the

- environment
- public health
- human communities
- animal welfare"
  - sustainabletable.org

# WHY DOES IT MATTER?



### CAN WE FEED THE WORLD WITHOUT DESTROYING THE ENVIRONMENT?

http://discover.umn.edu/news/environment/international-team-crafts-plan-feedworld-and-protect-planet

STOP FARMLAND EXPANSION

 OPTIMIIZE FOOD PRODUCTION WHERE IT ISN'T ALREADY

 STRATEGIC REALLOCATION AND USE OF NATURAL RESOURCES

- EAT LESS MEAT
- REDUCE WASTE

### WHY ISN'T OUR CURRENT FOOD SYSTEM SUSTAINABLE?

### **REMEMBER:**

- ENVIRONMENT
- PUBLIC HEALTH
- HUMAN COMMUNITIES
- ANIMAL WELFARE

### ANIMAL AGRICULTURE IN A GLOBAL, INDUSTRIAL FOOD SYSTEM



Graphic: thecostofdiet.wordpress.com

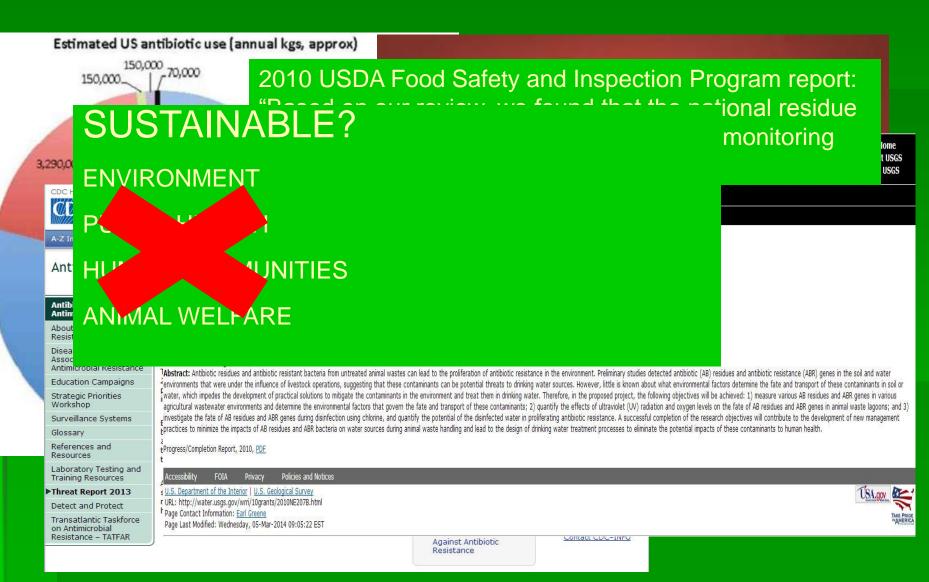
### CAFOs LEAD TO....

Raw animal waste can be seen moving off site with the floodwaters before these "lagoons" were totally submerged. Graphic: N.C. Riverkeepers & Waterkeper Alliance

Graphic: care2.com



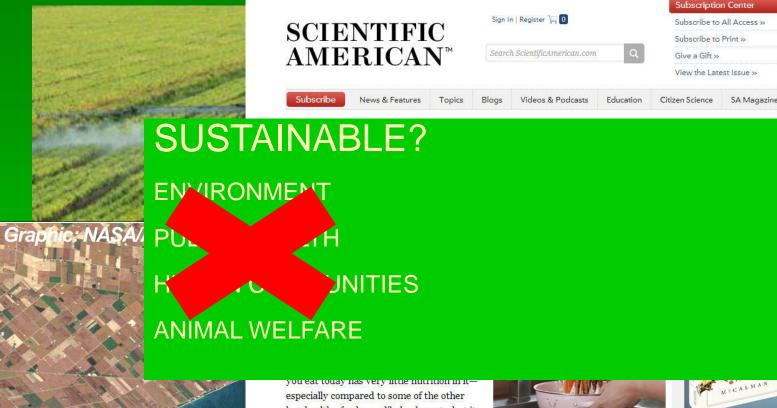
### **ANTIBIOTIC OVERUSE**



### **DEPLETION OF NATURAL RESOURCES**



### PLANT AGRICULTURE IN A GLOBAL, **INDUSTRIAL FOOD SYSTEM**



#### **Toxic Algae Blooms to Per**

**BY JOHN ROACH** 

less healthy foods you likely also eat-but it is true that fruits and vegetables grown decades ago were much richer in vitamins and minerals than the varieties most of us get today. The main culprit in this disturbing nutritional trend is soil depletion:

Martin Poole, Digital Vision/Thinkstock

Modern intensive agricultural methods have stripped increasing amounts of nutrients from the soil in which the food we eat grows. Sadly, each successive generation of fastgrowing, pest-resistant carrot is truly less good for you than the one before.

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**Big Earthquake Looms for Chile** 

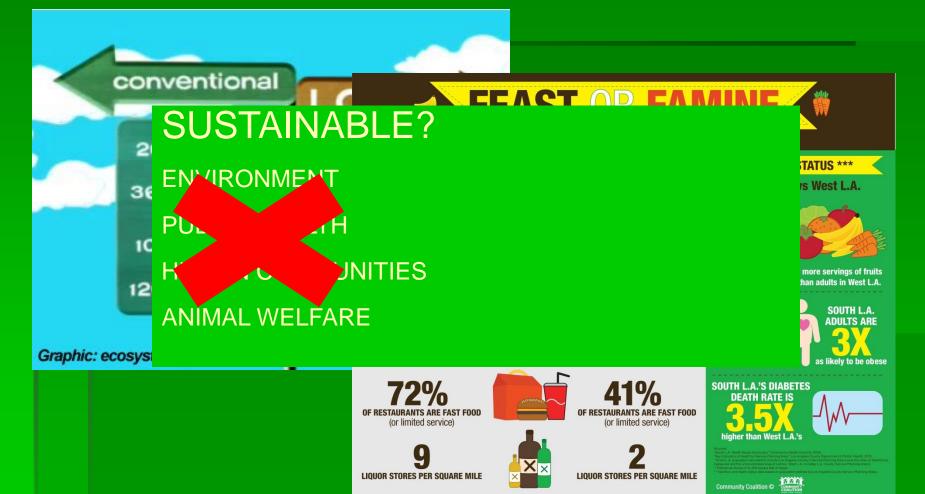
Latest News

Shining Science: Explore Glow-in-the-Dark Water!

**Disinfectant Causes Reproductive Problems** 

10 days

### FOOD DISTRIBUTION IN A GLOBAL, INDUSTRIAL FOOD SYSTEM



# **WE'VE BEEN HERE BEFORE**

Graphic: withrealtoads.blogspot.com



# WHAT WILL WE DO?



### WHO CAN REGULATORY AGENCIES AND LOCAL GOVERNMENT PARTNER WITH TO HELP CREATE A LOCAL, SUSTAINABLE FOOD SYSTEM?

- SUSTAINABLY MINDED LOCAL FARMERS
- CSAs & CO-OPS
- LOCAL MARKETS
- FARMERS MARKETS
- PERMACULTURE COMMUNITY
- COMMUNITY GARDENS
- LOCAL, SUSTAINABLY ORIENTED FOOD BUSINESSES
- FLORIDA-FRIENDLY HOMEOWNERS/EXTENSION
- HOME GARDENERS

### WHO?

#### **SLOW FOOD FIRST COAST**

### TOUR DE FARM

Graphic: 180radio.com

www.theorganicadventurer.com

### REEN MARKET At Jarboe Park

www.theorganicadventurer.com

urdays 2:00 - 5:00

www.theorganicadventurer.com



**"IF YOU COULD TELL THE ENVIRONMENTAL PROTECTION** BOARD, OTHER REGULATORY BODIES, AND LOCAL AND STATE **GOVERNMENT WHAT YOU NEED** FROM THEM IN ORDER THAT OUR LOCAL FOOD SYSTEM BECOME AND **BE TRULY SUSTAINABLE AND** THRIVE, WHAT WOULD YOU SAY?"

# THEY WILL SAY...

"Make the Florida Friendly Landscaping mean something in this area and educate [the EPB, other regulatory agencies and local government] on what it is and what we're doing for...the health of the people, soil and planet. I'd like to teach that class!" - A., Permaculture



"Have graywater systems legal here [and/or not such a complicated and expensive prospect that it's effectively impossible)."

- A., Permaculture



"What I would tell the Environmental Protection Board is that the one size fits all approach does not work. The Industrial Food system creates its own need for regulation because of the management practices they use, i.e. CAFOs, runoff, chemical use, etc... But, contrast that to the management practices employed by sustainable farmers, farmers that actually care about the land and the environment, and you have a much different picture."

- C, Farmer



"The biggest obstacle I face in making my sustainable farm thrive is access to capital, so whatever local government could do, offer some of those business incentives the big corporations get for moving to town to us small, local businesses, facilitate partnerships between the utilities and farms, come out and learn what we're all about and what we contribute, would help."

- K., Farmer



"Maybe if there were some sort of incentives or initiative for neighborhoods to have a neighborhood community garden, to keep a bee hive, to convert the whole neighborhood to Florida Friendly, rather than relying on the occasional hard-working volunteer, sustainable things might actually happen."

- J., Resident



"We worked so hard on our community garden. We tried so very hard to have an organic space where we conserved water, we composted so we wouldn't have to use chemical fertilizers and we had a bee hive so they would pollinate our plants. We were supposed to be in an exclusion zone for the mosquito spraying, but we went out one day and all our bees were dead. Come to find out they'd just done the aerial spraying."

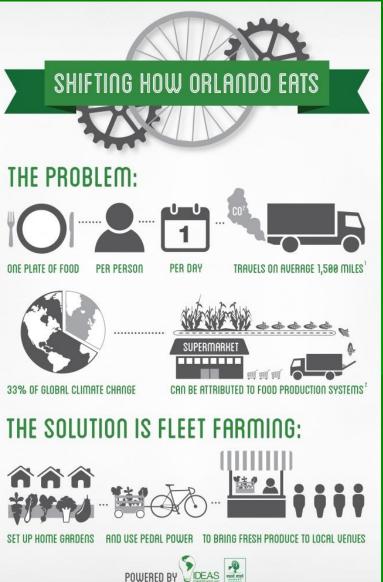
- S., Community Garden



### "We SO need municipal compost in this city!" - C., Resident



"We need this!" - N., Resident (fleetfarming.com)



### WE WOULD ALL DO WELL TO REMEMBER



# **THANK YOU!**

I hope this day has been helpful to you and will prove helpful to our planet!

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