

HAMMOND SENIOR CENTER

3312 W. 12th Street ~ Jacksonville, FL 32254 ~ (904) 786-8554

Specialist: Iscah Holland

SEPTEMBER 2019

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Puzzles 8 a.m. Skip Bo 8:30 a.m. Walmart Outing 10 a.m. Walk Outside 1:30 p.m.	Puzzles 8 a.m. Skip Bo 8:30 a.m. Breakfast 9 a.m. Bingo 10 a.m. Bible Study 11 a.m. Exercise 11:15 a.m.	Puzzles 8 a.m. Skip Bo 8:30 a.m. Current Events 9 a.m. Cards 9:30 a.m. Blood Pressure Check 10 a.m. Active Games 10:30 a.m.	Puzzles 8 a.m. Skip Bo 8:30 a.m. Breakfast 9 a.m.	Puzzles 8 a.m. Skip Bo 8:30 a.m. Chair Volleyball 10 a.m. Pool 10 a.m. Exercise 11:15 a.m.
AVAILABLE DAILY Puzzles and Various Games LUNCH 12 p.m.				
2 Labor Day ~ Closed	3 Taco Tuesday 12 p.m.	4 Roses Express 10 a.m.	5	6 Build Sand Castles, Have a Scavenger Hunt & Lots More at Lincoln Villa's Beach Please Spirit Week Event 9:45 a.m.
9 Walmart 10 a.m. (Normandy Blvd)	10	11 I Wish I Were ... Come Dressed as Who or What You Wanted to Be for Charlie Joseph's Spirit Week Event 9:45 a.m.	12 Site Council Meeting 10 a.m.	13 Popcorn and Movie 12 p.m.
16 Dollar General 10 a.m. (Normandy Blvd)	17	18 Freshfields Farm 10 a.m.	19 Glimpse Into What the Future of Technology Will be Like at Jim Fortuna's Spirit Week Event 9:30 a.m.	20 Cracker Barrel 11 a.m.
23 Dollar Tree 10 a.m. (Normandy Blvd)	24	25 Bonus Table 10:30 a.m.	26 Senior Services Spirit Week Pep Rally at Sk8 City 10 a.m.	27 Birthday Celebrations 12 p.m.
30 Walmart (Normandy) 10 a.m.		September is National Senior Center Month ~ The Key to Aging Well!		Forever Fit 50 & Beyond, 2019 Senior Games; September 27 th thru October 5 th