

# CLANZEL BROWN SENIOR CENTER

4575 Moncrief Road ~ Jacksonville, FL 32209 ~ (904) 764-8752

Specialist: Carl Jackson

# JUNE 2019

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walking 8 a.m. Current Events 10 a.m. Exercise Video 1 p.m.	Puzzles 9 a.m. Breakfast 9 a.m. Bible Class 10 a.m. Bingo 12:30 p.m. Exercise Video 2 p.m.	Exercise 8:30 a.m. Breakfast 9 a.m. Rap Sessions 9:30 a.m. "Fun Day" 10 a.m. Brain Exercises 1 p.m. Exercise Video 1 p.m.	Breakfast 8:30 a.m. Exercise 9:30 a.m. Chair Volleyball 10 a.m. Bingo 12:30 p.m. Exercise Video 2 p.m.	Exercise 8:30 a.m. Bible Trivia 10 a.m. Movies & Popcorn 10 a.m. Exercise Video 1 p.m.
<b>AVAILABLE DAILY</b> Sing-A-Long, Word Puzzles, Computers, Cards, Dominoes and Board Games <b>LUNCH</b> 12 p.m.				
3	4	5	6	7 Regency Movies 10 a.m.
10	11 Dollar Tree 10 a.m.	12	13 Program Advisory Board Meeting at Lincoln Villa 11 a.m.	14 Men's Health Fair at Legends Center 10 a.m.
17	18	19 Way Back Wednesday Event at Fireman's Hall 10 a.m.	20 Site Council Meeting 11 a.m.	21 Trip to Oceanway for a Luau & Fishing (B.Y.O.P. & Sign-Up Required) 10 a.m.
24	25 Going Back to the 50's for Singleton's Spirit Event at Louis Dinah 10:30 a.m.	26	27 Thrift Store 10 a.m.	28 Trip to Fortuna Center for Arts & Crafts Fair 10 a.m.