

# MONCRIEF SENIOR CENTER

5713 Teeler Ave. ~ Jacksonville, FL 32208 ~ (904) 764-0330

Specialist: Martinique Glover

# AUGUST 2019

Monday - Friday ~ 8 a.m. to 5 p.m.

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|---|--|--|---|
| Exercise Class 9 a.m.<br>Dominoes 10 a.m.<br>Bingo 10:30 a.m.  | Breakfast 9 a.m.<br>Chair Dance 9:30 a.m.<br>Trivia 10:30 a.m.<br>Bridge 11 a.m.            | Painting 9 a.m.<br>Chair Volleyball 10 a.m.<br>Word Games 11 a.m.                                | Breakfast 9 a.m.<br>Bible Study 10:30 a.m.<br>Chair Exercise 10 a.m.<br>War of Words 11 a.m.                   | Art 9 a.m.<br>Chair Volleyball 10 a.m.<br>Bingo 11 a.m.<br>Word Games 12:30 p.m.                              |
| <b>AVAILABLE DAILY</b> Puzzles, Sing-A-Long, Coloring, Reading, Computers <b>LUNCH</b> 12 p.m.                                 |   |  |  |   |
|  |   |  | 1  | 2<br>Have Spooky Fun at "Thriller Friday" at Louis Dinah's Spirit Week Event 10:30 a.m.<br>Senior Prom 6 p.m. |
| 5  | 6<br>Show Your Creativity in Hammond's Bandana & Jeans Fashion Show for Spirit Week 10 a.m. | 7  | 8<br>Program Advisory Board Meeting @ Lane Wiley 11 a.m.<br>Lunch at Shut Em Down Soul Food Restaurant 11 a.m. | 9   |
| 12   | 13  | 14<br>Senior Summit on the Opioid Crisis~Legends Center 10 a.m.<br>Roses (Lem Turner) 10:30 a.m. | 15   | 16<br>Show Off Your Talents at the Senior Entertainment Day Event 10 a.m.                                     |
| 19<br>Celebrate the Culture of Asia at Longbranch's East Indian Inspired Fashion Show for Spirit Week 10:30 a.m.               | 20  | 21   | 22<br>Walmart (Lem Turner) and Lunch at Wendy's 10:30 a.m.   | 23  |
| 26<br>Welcome to the World of Emoji by Making Your Best Emoji Face for Fun Pics at J.S. Johnson's Spirit Week Event 10:30 a.m. | 27<br>Commodities Pick Up at Bridge the Gap 11 a.m.   | 28   | 29   | 30  |