

MARY L. SINGLETON SENIOR CENTER

150 E. 1st St. ~ Jacksonville, FL 32206 ~ (904) 630-0995

Coordinator: Deborah Bell

AUGUST 2017

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ceramics Class 8 a.m. Walking Video 9 a.m. Beg. Computer Class 9:45 a.m. Art Class 10 a.m. Bible Study 10 a.m. Line Dancing 10 a.m. Choir Rehearsal 11 a.m. Line Dancing 12:30 p.m. Afternoon Movie 12:30 p.m. Bingo 1 p.m. Sewing Class 3 p.m.	Ceramics Class 8 a.m. Mayo Clinic 9 a.m. Walking Video 9 a.m. Spanish Class 9:30 a.m. Adv. Computers 9:45 a.m. Line Dancing 10 a.m. Chair Volleyball 12:30 p.m. Beg. Computers Class 1 p.m. Line Dancing 1 p.m. Drama Club 1:30 p.m.	Ceramics Class 8 a.m. Walking Video 9 a.m. Beg. Computer Class 9:45 a.m. Art Class 10 a.m. Bible Study 10 a.m. Line Dancing 10 a.m. Choir Rehearsal 11 a.m. Beg. Jewelry 12 p.m. Line Dancing 12:30 p.m. Afternoon Movie 12:30 p.m. Beg. Computers 1 p.m. Bingo 1 p.m. Sewing Class 3 p.m.	Ceramics Class 8 a.m. Breakfast 9 a.m. Mayo Clinic 9 a.m. Spanish Class 9:30 a.m. Adv. Computers 9:45 a.m. Crocheting Class 10 a.m. Line Dancing 10 a.m. Lifetree Café 12:45 a.m. Beg. Computers Class 1 p.m. Line Dancing 1 p.m. Drama Club 1:30 p.m. Bingo 2:30 p.m. Games & Dancing 5 p.m.	Ceramics Class 8 a.m. Chair Yoga Video 9 a.m. Water Aerobics @ Cecil Field 9:30 a.m. Walking Video 10 a.m. SWAGG w/ Cynthia 12:30 p.m. Bingo 1 p.m. Crocheting Class 1 p.m.
AVAILABLE DAILY Bingo, Billiards, & Card Games LUNCH 11:30 a.m.				
	1	2	3 Chair Volleyball @ Jim Fortuna Senior Center 11 a.m.	4 Water Aerobics @ Cecil Field 10 a.m. Senior Prom @ Prime Osborn Convention Center 6 p.m. – 10 p.m.
7 Diabetic Support Group 10 a.m.	8 Sunshine Sick Committee Meeting 10 a.m. Sonny's Barbecue 11 a.m.	9 Flea Market (8:30 a.m.) & Super Bingo (10 a.m.) @ Singleton (Lunch Available)	10 Sunshine Sick Committee Visitation 10 a.m.	11 Water Aerobics @ Cecil Field 10 a.m.
14 Site Council Meeting 10 a.m.	15 Mayport Ceramic Store 10 a.m.	16 Mary Singleton T-Shirt Day Shopping @ Rose's Department Store 10 a.m.	17 Family Foundations 10:30 a.m.	18 Senior Entertainment Day @ Legends Center 10 a.m. – 1 p.m.
21 Diabetic Support Group 10 a.m. Participants Meeting 10:30 a.m.	22 Movies 10 a.m.	23 Fishing 10 a.m.	24 Walmart 10 a.m.	25 Birthday Celebration 10 a.m.
28	29 Junior's Seafood Restaurant 11 a.m.	30 Fun Day 10 a.m.	31	