

OCEANWAY SENIOR CENTER

12215 W. Sago Avenue ~ Jacksonville, FL 32218 ~ (904) 696-4331

Specialist: Dawn Avery

AUGUST 2019

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Puzzle Variety 8:30 a.m. Card Games 9 a.m. Walking 9:30 a.m. Bingo 10 a.m. Card Games 12:30 p.m.	Puzzles 8:30 a.m. Breakfast 9:30 a.m. Walking 9:30 a.m. Bingo 10 a.m. Crochet & Knit Class 11 a.m. Card Games 12:30 p.m.	Puzzles 8:30 a.m. Card Games 9 a.m. Bible Study 10 a.m. Chair Volleyball 11 a.m. Line Dance Class 12:30 p.m. Puzzles Variety 1 p.m.	Breakfast 9:30 a.m. Walking 9:30 a.m. Bingo 10 a.m. Education Material 11:30 a.m. Senior Exercise 12:30 p.m. Card Games 1 p.m.	Puzzle Variety 8:30 a.m. Walking 9:30 a.m. Bingo 10 a.m. Chair Volleyball 11 a.m. Dominoes 12:30 p.m. Card Games 1 p.m.
AVAILABLE DAILY Wii Bowling, Games, Billiards, Computers, Walking in the Park, Jigsaw Puzzles, Hidden Picture, Word Puzzles, Fishing, Board Games, Adult Coloring, Sewing Machine Available LUNCH 12 p.m.				
			1 Winn Dixie 11 a.m.	2 Senior Prom 6 p.m.
5 Home Goods and Lunch Out 9:30 a.m.	6 Show Your Creativity in Hammond's Bandana & Jeans Fashion Show for Spirit Week 9:15 a.m.	7 Walmart and Dollar Tree 9:30 a.m.	8 Program Advisory Board Meeting @ Lane Wiley 11 a.m.	9 Trail Walking at Jacksonville Arboretum & Gardens and Lunch 9:30 a.m.
12 Special Bingo 12:30 p.m.	13 Show Your Jock & Cheerleader Spirit by Wearing Royal Blue & White to Lane Wiley's Spirit Week Pep Rally 9:15 a.m. Site Council Meeting 12:30 p.m.	14 Senior Summit on the Opioid Crisis~Legends Center 10 a.m.	15 Publix 11 a.m.	16 Show Off Your Talents at the Senior Entertainment Day Event 10 a.m.
19 Celebrate the Culture of Asia at Longbranch's East Indian Inspired Fashion Show for Spirit Week 9:15 a.m. UF Health's Brown Bag 11 a.m.	20	21 IKEA 9:30 a.m.	22	23 Soul Food Bistro 10 a.m.
26 Special Bingo 12:30 p.m.	27 Pass the Story; Let's Tell the Tale of our Past, Present & Future at J.S. Johnson's Spirit Week Event 10:30 a.m.	28 Bring a Friend for Popcorn and a Movie Day at Oceanway 10 a.m.	29 Blood Pressure Checks with Ms. Barbara and Nutrition Counseling w/Dana, our Dietitian 11 a.m.	30 Birthday Celebrations 12 p.m.