Jacksonville Senior Games Fact Sheet

Event: Jacksonville Senior Games

Annual Olympic-style competition for athletes 50 and over. Medals are presented to top three finishers in each age group per event. Top five finishers go on to compete in the Florida Senior Games in December. National Senior Games are held every 2 years. National Senior Games will be held in Birmingham in 2017.

Competition Dates: October 3 - 8, 2016

Location: Cecil Field and vicinity

Expected to compete – Athletes 50 and over from any location can register and compete in the Jacksonville Senior Games.

Non Qualifying Sports: Events that have no qualifying standard – Croquet, Powerlifting and Road Race.

Registration:

Participants must complete entry form, send entry fee and sign waiver. Registrants can download entry form, but must mail with their registration fee. Deadline for entry is September 23.

Awards: Gold, silver and bronze medals will be awarded to first, second and third place finishers in each sport or event. Top five finishers advance to state Senior Games.

Marketing:

To all senior groups, centers, residences, clubs and organizations. All athletic clubs, YMCA's, and sporting groups are targeted as well. Past participants are encouraged to participate and bring a friend. Advertised through E-Blast contacts.

Activities:

Basketball – Free Throws & Spot Shots

Bowling – Singles

Bowling- Doubles

Bridge – Social

Bridge – Social

Chinese Mah Jong

Croquet

Cycling – 5 & 10K Time Trials

Golf – 18 holes

Line Dancing

Pickleball – Singles, Doubles

PowerLifting – Bench Press, Dead Lift

Road Race – 5K Swimming Table Tennis Tennis – Singles, Doubles, Mixed Doubles Track & Field Wii Bowling

Sponsors: Humana, Island Doctors, AARP, United Health Care and CORA Health.

Volunteers needed: 50 - 60

Opening Ceremony will be held on Friday, September 30 at 1 p.m. at Metro Park 2. Athletes will pick up their athlete bag, participate in a wellness fair, the official Senior Games torch will be lit and the ceremonial parade of athletes.

Event Schedule:

Friday, September 30 @ 1 p.m. Opening Ceremony Metropolitan Park 2 1406 Gator Bowl Blvd.

Saturday, October 1 @ 7:30 a.m. Track & Field Bishop Snyder High School 5001 Samaritan Way

Monday, October 3 @ 9 a.m. Croquet Fleet Landing One Fleet Landing Blvd.

Chinese Mah Jong @ 12 p.m. Fortuna Senior Center 11751 McCormick Road

Wii Bowling @ 12:30 p.m. Fortuna Senior Center 11751 McCormick Road

Tuesday, October 4 Croquet @ 9 a.m. Fleet Landing One Fleet Landing Blvd.

Powerlifting @ 9 a.m.

Cecil Gym and Fitness 13531 Lake Newman Street

Line Dancing @ 1 p.m. Cecil Community Center 13611 –A Normandy Blvd.

Wednesday, October 5 Croquet @ 9 a.m. Fleet Landing One Fleet Landing Blvd.

Bowling Singles @ 9 a.m. Doubles @ 12:30 p.m. Batt Bowl 1838 Cassat Avenue

Pickleball – Mixed Doubles @ 9 a.m. Jarboe Park 301 Florida Blvd.

Table Tennis @ 9 a.m. Cecil Community Center 13611-A Normandy Blvd.

Bridge @ 1 p.m. Fortuna Senior Center 11751 McCormick Road

Thursday, October 6 Golf @ 8:30 a.m. Bent Creek 10440 Tournament Lane

Pickleball Women's Doubles, Men's Singles @ 9 a.m. Jarboe Park 301 Florida Blvd.

Basketball Shooting @ 6 p.m. Cecil Gym & Fitness 13531 Lake Newman Street

Friday, October 7 Pickleball Women's Singles & Men's Doubles Jarboe Park 301 Florida Blvd.

Tennis Men's & Women's Doubles @ 9 a.m. Boone Park 3730 Park Street

Swimming @ 9 a.m. Cecil Aquatics Center 13611-A Normandy Blvd.

Saturday, October 8

Road Race @ 7 a.m. Marine Corp 5K

Tennis @ 8 a.m. Men's & Women's Singles Boone Park 3730 Park Street

Cycling 5K & 10K @ 8 a.m. 4238 Jones Road

Tennis – Men's and Women's Mixed Doubles @ 10 a.m. Boone Park 3730 Park Street

For more information contact 904-630-7392.