

WHEREAS: Parkinson's disease is a neurodegenerative disorder that affects nearly

one million Americans and 10 million people worldwide. Approximately

60,000 Americans are diagnosed with the disease each year; and

WHEREAS: Symptoms often develop slowly and may include tremors, bradykinesia

(slowness of movement), limb rigidity, and gait and balance problems,

although experiences vary for each patient; and

WHEREAS: While research continues in the search for a cure, treatments for

Parkinson's include medications, therapies and surgeries that seek to address symptoms and improve quality of life. The disorder itself is not

fatal, but its complications can be life-threatening; and

WHEREAS: For over 60 years, the national nonprofit Parkinson's Foundation has been

dedicated to raising awareness, improving care and advancing research

toward a cure; and

WHEREAS: To support this mission, the foundation launched a nationwide signature

walk event in 2011, called Moving Day. Since its inaugural year, more than 116,000 participants have raised more than \$17 million to fund the

research and support services the foundation provides; and

WHEREAS: Moving Day highlights movement and exercise, which are essential in the

treatment of Parkinson's disease. Each event features a family-friendly walk course, a kids' area, a caregivers' relaxation tent and a special Movement Pavilion with yoga, dance, Tai Chi, Pilates and other activities that promote movement and exercise as symbols of hope and progress;

and

WHEREAS: Moving Day hosts its first Jacksonville event on Saturday, November 10,

at the University of North Florida, joining the now more than 400 cities

nationwide taking part in this inspirational event.

NOW, THEREFORE, I, LENNY CURRY, by virtue of the authority vested in me as mayor of Jacksonville, Florida, do hereby proclaim November 10, 2018 as

PARKINSON'S FOUNDATION MOVING DAY JACKSONVILLE

and encourage all citizens to support efforts to raise awareness and funding to research a cure for this disease.

TORIO LA

IN WITNESS THEREOF, this 1st day of November in the year Two Thousand and Eighteen

MAYOR