



Mayor's Council on Fitness and Well Being
October 4, 2017
8th Floor, Ed Ball Building, Conference Room 851
Agenda

I. Welcome, Introductions	Mr. Tim Burrows, Chair
II. Approval of Minutes	Council Vote
III. 904M1M Update <i>Spotlight Video</i>	Ms. Stacy Jordan
IV. Exercise is Medicine	Dr. Carena Winters
V. New Business / Public Comments	
VI. Adjourn	

The next scheduled meeting for the Council will be on
Wednesday, November 1, 2017 in Conference Room 851.

Directions: The Ed Ball Building is located at the intersection of N. Hogan and E. Adams St. in downtown Jacksonville. You may enter the building either in the middle of the block of E. Adams (approx. 2 blocks W of Main) or mid-block of N. Hogan (next to Quizno's). The entrance to the **Ed Ball Parking Garage** is on Monroe Street between the Ed Ball and the Courthouse- this is a one way street. You will exit on N. Julia.

Pursuant to the American with Disabilities Act, accommodations for persons with disabilities are available upon request. Please allow 1-2 business days notification to process; last minute requests will be accepted, but may not be possible to fulfill. Please contact Disabled Services Division at: V (904) 630-4940, TTY (904) 630-4933, or email your request to ADAaccommodationrequest@coj.net