



HealthAdvocateSM

We can help.

Hurricane Dorian is gaining strength, posing a serious threat to Puerto Rico, Florida and the southeastern communities. Health Advocate has information to help you and your family prepare for the storm. Our experts are always here to help you.



Emotional Support

- ✓ **Talk to a licensed clinician** to develop strategies to help you and your family adjust to the storm's impact
- ✓ **Help with anxiety**, stress, how to talk with your kids
- ✓ **Tips to stay positive** and productive

Information and Resources

- ✓ **Find government relief organizations** to assist with locating temporary and permanent housing
- ✓ **Access local**, state and federal agencies

Visit the Health Advocate EAP+Work/Life website for resources and up-to-date information

We're here when you need us most

Your Health Advocate benefit can be accessed 24/7.

Turn to us. We can help.

877.240.6863

HealthAdvocate.com/members

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