CHARLIE JOSEPH SENIOR CENTER

FEBRUARY 2024

6943 Buffalo Avenue ~ Jacksonville, FL 32208 ~ (904) 255-6822 Specialist: Diane Weaver Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Billiards 8 a.m. Puzzles 8 a.m. Breakfast 9 a.m. Bible Study 9:30 a.m. Journaling 10:00 a.m. Walmart 10:30 a.m. Adult Coloring 11 a.m. Sewing Class 11 a.m. Lunch 12 p.m.	Billiards 8 a.m. Puzzle 8 a.m. Breakfast 9 a.m. BP Check 9:30 a.m. Bingo 10:00 a.m. Craft Class 11 a.m. Lunch 12 p.m. Chair Exercise 12:30 p.m.	Billiards 8 a.m. Puzzles 8 a.m. Breakfast 9 a.m. Computer Class 9:30 a.m. Book Club 10:00 a.m. Sewing Class 11 a.m. Lunch 12 p.m. Board Games 12:30 p.m.	Billiards 8 a.m. Puzzles 8 a.m. Breakfast 9 a.m. BP Check 9:30 a.m. Jewelry Class 9:30 a.m. Craft Class 11 a.m. Lunch 12 p.m. Chair Exercise 12:30 p.m.	Billiards 8 a.m. Puzzles 8:30 a.m. Breakfast 9 a.m. Computer Class 9:30 a.m. Get up and move 11 a.m. Lunch 12 p.m.
AVAILABLE DAILY: Billiards, Puzzles, Board Games, walking in the park, Adult Coloring, Bingo, Sewing Class, Jewelry Class, Craft Class, Get up and move, Bible Study, Journaling, Book Club, Computer Class LUNCH 12 p.m.				
			1 Wellness through interactive thinking workshop W/ Samara from the UF/IFAS Extension office. 10:00 a.m.	2 Get up and Move Exercise 11:00 a.m.
5 Trip to Rowe's Grocery Store 10:30 a.m.	6 Bingo 10:00 a.m.	7	8 Charlie Joseph Lions Superbowl 2024 10:30 a.m. Games, Trivia,	9 Charlie Joseph Craft Valentine's Day 10:30 a.m.
12 Get up and Move Exercise at Frances Padgett 10:00 a.m.	13	14 Trip to Emerson Thrift Store 10:30 a.m.	15 Wellness through interactive thinking workshop W/ Samara from the UF/IFAS Extension office. 10:30 a.m.	16 Get up and Move Exercise 11:00 a.m.
Center Closed in Observance of Presidents' Day	20 Bingo 10:00 a.m.	21 Trip to Walmart 10:30 a.m.	22 Black History Program At Charlie Joseph 10:00 a.m.	23 Get up and Move Exercise 11:00 a.m.
26	27	28	29 Birthday Celebration 11:00 a.m.	