

CHARLIE JOSEPH SENIOR CENTER

6943 Buffalo Avenue ~ Jacksonville, FL 32208 ~ (904) 255-6822

Specialist: Diane Weaver

March 2023

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Billiards 8a.m. Puzzles 8 a.m. Breakfast 9 a.m. Bible Study 9:30 a.m. Chair Volleyball 10 a.m. Walmart 10:30 a.m. Adult Coloring 11 a.m. Sewing Class 11 a.m. Lunch 12 p.m.	Billiards 8 a.m. Puzzle 8 a.m. Breakfast 9 a.m. BP Check 9:30 a.m. Bingo 9:30 a.m. Craft Class 11 a.m. Lunch 12 p.m. Chair Exercise 12:30 p.m.	Billiards 8 a.m. Puzzles 8 a.m. Breakfast 9 a.m. Computer Class 9:30 a.m. Sewing Class 11 a.m. Lunch 12 p.m. Board Games 12:30 p.m.	Billiards 8 a.m. Puzzles 8 a.m. Breakfast 9 a.m. BP Check 9:30 a.m. Jewelry Class 9:30 a.m. Craft Class 11 a.m. Lunch 12 p.m. Chair Exercise 12:30 p.m.	Billiards 8 a.m. Puzzles 8:30 a.m. Breakfast 9 a.m. Computer Class 9:30 a.m. Get up and move 11 a.m. Lunch 12 p.m.
AVAILABLE DAILY: Billiards, Puzzles, Board Games, walking in the park, Adult Coloring, Bingo, Sewing Class, Jewelry Class, Craft Class, Get up and Move, Bible Study, Chair Volleyball, Computer Class, LUNCH 12 p.m.				
		1 City Council Candidate Dr. Keshan Gainey 10:30 a.m.	2 Site Council Meeting 1:00 p.m.	3 Get up and Move 11:00 a.m.
6 Walmart 10:30 a.m.	7	8 Participants Meeting 11:00 a.m.	9 Charlie Joseph Flea Market 10:00a.m.	10 Get up and Move @ Mandarin Senior Center 10:30 a.m.
13 City Council Candidate Jack Meeks 10:00 a.m.	14 Bingo @ Charlie Joseph 10:00 a.m.	15 RSVP Appreciation Luncheon 11:00 a.m.-1:00 pm @ UNF	16 Power of Women Education W/Conviva @ 10:30 a.m.	17 St. Patrick Day House Party @ Carville Senior Center 10:00 a.m.
20 Devoted Health Care How to Prevent Falls 11:00 a.m.	21 Movie and Popcorn Day 10:30 a.m.	22 Rose's Department Store Gateway 10:30 a.m.	23	24
27 Preventing Alzheimer's with Cognitive Training Presentation 10:00 a.m.	28 Bingo @ Charlie Joseph 10:00 a.m. Men's Play Day @ Carvill Senior Center @ 10:00 a.m.	29	30 Dollar Tree 10:30 a.m.	31 Easter Crafts W/ Arlena 10:00 a.m.