




FEBRUARY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Low Fat Milk Available With Each Meal			1 Sweet & Sour Chicken Fried Rice Mixed Vegetables Wheat Bread Fresh Fruit	2 Hamburger Patty Ranch Beans Tomato/Lettuce Hamburger Bun Mixed Fruit Crisp Mustard/Ketchup
5 Chicken Noodle Casserole Brussels Sprouts Dilled Carrots Wheat Bread Fruit Cup	6 Salisbury Steak Whipped Potatoes California Vegetables Dinner Roll Fruit Cup	7 BBQ Chicken Baked Navy Beans Cabbage Hamburger Bun Pickle Slices Fresh Fruit	8 Turkey Ham Mac/Cheese Parslied Rice Broccoli Dinner Roll Fresh Fruit	9 Spaghetti Casserole Kernel Corn Italian Vegetables Dinner Roll Fresh Fruit
12 Beef Enchilada Pie Yellow Rice Fiesta Vegetables Wheat Bread Fruit Cup	13 Chicken Broccoli Rice Casserole Green Peas Country Vegetables Dinner Roll Fruit Cup	14 Creole Meatballs Rotini Noodles Herbed Green Beans Fresh Fruit 	15 Pork Sausage Lima Beans Summer Vegetables Hot Dog Bun Fresh Fruit Mustard	16 Meatloaf/Onion Gravy Delmonico Potatoes Scalloped Tomatoes Wheat Bread Fruit Cup
19 Centers Closed 	20 Chicken Taco Meat Pinto Beans Mexican Rice Lettuce/Tomato/Cheese Tortilla Fruit Cup	21 BBQ Rib Patty Garlic Whipped Potatoes Cabbage Dinner Roll Fresh Fruit	22 Swiss Steak Penne Noodles Okra & Tomatoes Wheat Bread Fresh Fruit	23 Smothered Chicken Black-eye Peas Collard Greens Wheat Bread Fresh Fruit
26 Meatballs w/ Gravy Whole Kernel Corn Spring Vegetables Dinner Roll Fruit Cup	27 Chicken & Dumplings Green Peas Garden Vegetables Dinner Roll Fruit Cup	28 Beef Noodle Casserole Glazed Carrots Green Beans Wheat Bread Fresh Fruit	29 Sweet & Sour Chicken Fried Rice Mixed Vegetables Wheat Bread Fresh Fruit	

Menu Approved by: Registered Dietitian Dana Gardner and may be subject to change.