


# JIM FORTUNA SENIOR CENTER

11751 McCormick Road ~ Jacksonville, FL 32225 ~ (904)255-6844

Specialist: Holly Eastman

## March 2023

Monday – Friday ~ 8 a.m. to 5 p.m.

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|
| <p>Early Riser Walk 8 a.m.<br/>Puzzle 8 a.m.<br/>Chair Yoga(V) 8:30 a.m.<br/>Folk Dancing 10a.m.<br/>Gardening 10 a.m.<br/>American History (V) 10:45 a.m.<br/>Mahjong 12 p.m.<br/>Quilt &amp; Sew 12 p.m.<br/>Tai Chi (V) 1 p.m.<br/>Billiard Pool 2 p.m.<br/>Senior Fitness 3 p.m.</p> | <p>Early Riser Walk 8 a.m.<br/>Puzzle 8 a.m.<br/>Bridge 9:30 a.m.<br/>Adventurer/Health Class 10 a.m.<br/>Pinochle 10 a.m.<br/>Wii Bowling 10 a.m.<br/>Zumba (V) 11:30 a.m.<br/>Movie &amp; Popcorn 12:45 p.m.<br/>Line Dancing 1 p.m.<br/>Buddy Canasta 2 p.m.<br/>Stretching 3 p.m.</p> | <p>Early Riser Walk 8 a.m.<br/>Puzzle 8 a.m.<br/>Pat's Canasta 8:30 a.m.<br/>Exercise class 8:30 a.m.<br/>Cribbage 9:30 a.m.<br/>Bridge Group 9:30 a.m.<br/>Pinochle 10 a.m.<br/>Table Tennis 10:00 a.m.<br/>Lunch Trivia 11:15 a.m.<br/>Tai Chi (V) 11:30 a.m.<br/>Knitting &amp; Crocheting 12 p.m.<br/>Mahjong 12 p.m.<br/>Line dance 1 p.m.<br/>Bible Study 2 p.m.<br/>Chair Volleyball 2:30 p.m.</p> | <p>Early Riser Walk 8 a.m.<br/>Puzzle 8 a.m.<br/>Pinochle 9 a.m.<br/>Bridge 9:30 a.m.<br/>Drumming Cardio 10:30a.m.<br/>Coloring for Adults 10:30 a.m.<br/>Line Dance 1 p.m.<br/>Buddy Canasta 2 p.m.<br/>Dance Lesson 1:00 p.m.<br/>Ballroom Dance 2:00 p.m.<br/>Senior Fitness 3 p.m.</p> | <p>Early Riser Walk 8 a.m.<br/>Puzzle 8 a.m.<br/>Canasta 9 a.m.<br/>Chair Exercise (V) 8:30 a.m.<br/>Aerobics 10:00 a.m.<br/>Tai Chi (V) 11 a.m.<br/>Chess 11:30 a.m.<br/>Mahjong 12 p.m.<br/>Table Tennis 12:00 p.m.<br/>Spanish 1 p.m.<br/>Chair Volleyball 2:30 p.m.</p> <p>****Music Appreciation every 1<sup>st</sup> &amp; 3<sup>rd</sup> Friday @ 11:30 a.m.****</p> |
| <p><b>AVAILABLE DAILY</b> Billiards, Cards, Chess, Creative Coloring, Cornhole, Dominoes, Mahjong, Puzzles, Table Tennis, Scrabble, Walking &amp; Wii</p>  |   |   |   |   |
|  |  <p><i>Happy St. Patrick's Day</i></p>   | 1   | 2<br>USS Orleck 10:00 a.m.  | 3<br>Ukulele Lesson 11 a.m.<br>Spanish Class 1 p.m.<br>Ballroom Dance 2 p.m.  |
| 6<br>Grief Support Group 12:30 p.m.  | 7<br>Shopping with Dana 10:30 a.m.<br>Canasta Gals 11 a.m.<br>Technology help w/ Tony 10 a.m.   | 8<br>Senior Fraud & Identity Theft-Sheriff's Office 12:30 p.m.<br>Cool Chic's Bridge 1 p.m.   | 9 Site Council Meeting 9 a.m.   | 10<br>Beginners Mahjong Class 9:30 a.m.-12:30 p.m.<br>Bunko 9:30-11:30 a.m.<br>City Council Candidate Presentation: Jack Meeks 12:00 p.m.   |
| 13<br>Members' Meeting 11 a.m.   | 14<br>Technology help w/ Tony 10a.m.<br>Lunch out @ Ruby Tuesday 12p.m.<br>Craft Class: making wreathes, bows, crocheting 1 p.m.  | 15  | 16<br>St. Patrick's Day celebration & Musical Entertainment 1 p.m.  | 17<br>Ukulele Lesson 11 a.m.<br>Spanish Class 1 p.m.<br>Beading w/ Helen 2 p.m.<br>Ballroom Dance 2 p.m.  |
| 20   | 21<br>Technology help w/ Tony 10 a.m.<br>Canasta Gals 11 a.m.   | 22<br>Cool Chic's Bridge 1 p.m.   | 23<br>New players Bunko 11:30 a.m.  | 24<br>Presentation: Fall Prevention W/ Devoted Medical 12:00 p.m.<br>March Birthdays 12:30 p.m.   |
| 27<br>Acey-Deucy Group 11 a.m.   | 28<br>Technology help w/ Tony 10 a.m.<br>TRIVIA UNF 11 a.m.<br>Craft Class: making wreathes, bows, crocheting 1 p.m.  | 29<br>Bowling outing 10:00 a.m.   | 30  | 31<br>Chair Volleyball VS Mandarin at Mandarin 10:00 a.m.   |