

LINCOLN VILLA SENIOR CENTER

7866 New Kings Road ~ Jacksonville, FL 32219 ~ (904) 255-6811

Specialist: Tanya King

March 2023

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cards & Coloring 8 a.m. Puzzles 8 a.m. Arts, Crafts / Crochet 9 a.m. Computers, Pool 10 a.m. Exercise 11:30 a.m. Cards, Puzzles, Pool 1 p.m. Crochet 1 p.m. Movie 1 p.m.	Puzzles/Coloring/Cards Breakfast 8:45 a.m. Crocheting 9 a.m. Pool 10 a.m. Bingo 10:30 a.m. Computers 10:30 a.m. Trivia 11 a.m. Exercise 11:30 a.m. Shading 1p.m. Crochet, Bingo, Movie 1 p.m. Cards, Pool, 1 p.m.	Puzzles/Coloring/Cards 8 a.m. Current Events 10 a.m. Crochet & Sewing Class 10 a.m. Pool 10 a.m. Bible Study 10:30 a.m. Exercise 11:30 a.m. Crochet 1 p.m. Movie 1 p.m. Cards, Puzzles, Pool 1 p.m. Computer, Shading 1 p.m.	Puzzles/Coloring/Cards 8 a.m. Breakfast 8:45 a.m. Clip, Save & Share 9 a.m. Crochet & Sewing 9 a.m. Current Events 10 a.m. Bridge, Pool 10 a.m. Computers 10:30 a.m. Exercise 11:30 a.m. Gate City Bridge 1 p.m. Shading, Crochet 1 p.m. Walking 1 p.m. Cards, Puzzles, Pool 1 p.m. Movie 1 p.m.	Puzzles/Coloring/Cards Cards 8 a.m. Crochet 9 a.m. Current Events 9:30 a.m. Pool 10 a.m. Bingo 10 a.m. Exercise 11:30 a.m. Pool 12:45 p.m. Crochet 1 p.m. Bingo 1 p.m. Movie & Popcorn 1 p.m. Cards, Puzzles, Pool 1 p.m. Computer 1 p.m.
AVAILABLE DAILY Computers, Puzzles, Cards & Exercise		LUNCH 12 p.m.		
		1	2 Shep's Discount Store 10:30am	3
6 Shopping at Walmart 10:30am	7 Presentation: Dental Health W/ Dr. Ferris 10:30 a.m.	8 Site Council Meeting 10:30am	9 Flea Market at Charlie Joseph Center 10:00am	10
13	14 Bridge the Gap 10:30am	15	16	17 St. Patrick's Day Celebration 10:30am
20 Pain Management Class With AHEC 9:30am	21	22	23 Bridge the Gap 10:30am	24
27 Pain Management Class With AHEC 9:30am Fall Prevention Class With Devoted 10:30am	28	29	30	31 Birthday Luncheon at Cracker Barrel 10:30am