

MARY L. SINGLETON SENIOR CENTER

FEBRUARY 2024

150 E. 1st St. ~ Jacksonville, FL 32206 ~ (904) 255-6666 Specialists: Joanna Ching /Ila Hawkins-Riley

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ceramics Painting Workshop 8 a.m. Stay Fit Together (V) 8:30 a.m. BINGO 9-11:30 a.m. Bible Study 10 a.m. Line Dancing 10 a.m. Line Dancing 1 p.m. BINGO 1 p.m. Chair Volleyball 1 p.m. Sewing Class 3 p.m.	Ceramics Painting Workshop 8 a.m. Workout Together (V) 8:30 a.m. BINGO 9-11:30 a.m. Line Dancing 10 a.m. “Keep the Pace” Reading Group 10 a.m. Chair Volleyball 1 p.m.	Ceramics Painting Workshop 8 a.m. Stay Fit Together (V) 8:30 a.m. BINGO 9-11:30 a.m. Bible Study 10 a.m. Line Dancing 10 a.m. Line Dancing 1 p.m. BINGO 1 p.m. Sewing Class 3 p.m.	Ceramics Painting Workshop 8 a.m. Workout Together (V) 8:30 a.m. BINGO 9-11:30 a.m. Day w/ the Dietician 10 a.m. “Keep the Pace” Reading Group 10 a.m. Chair Volleyball 1 p.m. Games & Dancing 5 p.m.	Ceramics Painting Workshop 8 a.m. Stay Fit Together (V) 8:30 a.m. BINGO 9-11:30 a.m. BINGO 1 p.m. Crocheting Club 1 p.m. Chair Volleyball 1 p.m. (V) - Video
AVAILABLE DAILY: Billiards, Checkers, Card Games, Library & Computer Lab. BREAKFAST: 9 a.m. LUNCH: 12 p.m. CLOTHES CLOSET: 9 ~11:30 a.m.				
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5 BLACK HISTORY MONTH KICKOFF Jacksonville's Black History Moments presented by Mary Singleton's Seniors 10:30 a.m.	6	7 FIELD TRIP: Walmart 10 a.m.	8 Heart Health Tips with Dana the Dietician	9 Lunar New Year Celebration 11:30 a.m.
12 Jacksonville Public Library Presents “Mobile Book Program” By Tonja Ferrell 10:30 a.m.	13	14 Valentines Day Party 11:00 a.m.	15 FIELD TRIP: Mega Liquidation Store	16 Black History Through the Ages Program 10:00 a.m.
19 Center Closed in Observance of Presidents' Day	20	21 Commodities with Bridge the Gap 11 a.m.	22 FIELD TRIP: Eartha MM White Museum 10 a.m.	23 African Attire Day Dress to impress
26 Glamour Day – Beauty Tips presented by Ila 10:30 a.m.	27 Winter Nutrition with Dana the Dietician	28	29 FIELD TRIP: The Ritz Guided Tour 10:30 a.m.	