

MARY L. SINGLETON SENIOR CENTER

150 E. 1st St. ~ Jacksonville, FL 32206 ~ (904) 255-6666

Specialist: Ila Hawkins-Riley

March 2023

Monday - Friday ~ 8 a.m. to 5p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ceramics Class 8 a.m. Open Computer Lab 9:30 a.m. Art Class 10 a.m. Bible Study 10 a.m. Line Dancing 10 a.m. Line Dancing 12:30 p.m. Afternoon Movie 12:30 p.m. Bingo 1 p.m. Chair Volleyball 1 p.m. Sewing Class 3 p.m.	Ceramics Class 8 a.m. B/P Check 8:30 a.m. Breakfast 9 a.m. Open Computer Lab 9:30 a.m. Line Dancing 10 a.m. Walks and Talks Walking Club 10 a.m. Open Computer Lab 1 p.m. Line Dancing 1 p.m. Chair Volleyball 1 p.m.	Ceramics Class 8 a.m. Breakfast 9 a.m. Open Computer Lab 9:30 a.m. Art Class 10 a.m. Bible Study 10 a.m. Line Dancing 10 a.m. Exercise Class 10 a.m. Line Dancing 12:30 p.m. Open Computer Lab 1 p.m. Bingo 1 p.m. Sewing Class 3 p.m.	Ceramics Class 8 a.m. Breakfast 9 a.m. Open Computer Lab 9:30 a.m. Crocheting Class 10 a.m. Day w/ the Dietician 10 a.m. Line Dancing 10 a.m. Open Computer Lab 1 p.m. Chair Volleyball 1 p.m. Line Dancing 1 p.m. Bingo 2:30 p.m. Games & Dancing 5 p.m.	Ceramics Class 8 a.m. B/P Check 8:30 a.m. Chair Yoga Video 9 a.m. Line Dancing 10 a.m. Walks and Talks Walking Club 10 a.m. Bingo 1 p.m. Crocheting Class 1 p.m. Chair Volleyball 1 p.m.
AVAILABLE DAILY Bingo, Billiards, & Card Games		LUNCH 12:00 p.m.	Clothes Closet Monday ~ Friday 9 a.m. ~ 11:30 a.m.	
		1	2 Wal-Mart 10:30a.m.	3
6 Site Council Meeting 10:30a.m. Participants Meeting 11:30a.m.	7 National Consumer Protection Week W/ Thelma Crump 11:30 a.m.	8 Mary Singletons Flea Market 9:00 am	9	10 Golden Corral 10:30 / Adult Education 10:00am
13 Preventing Alzheimer's with Cognitive Training Presentation 10:00 a.m.	14 Rose's Store 10:30a.m.	15 Wilder Park MTG: 1:00 p.m.	16 Go Green for health w / Dana Nutritionist 11:00 a.m.	17 St. Patrick's Day: Party Wear Green
20	21 Spring Talent Show 3:00pm	22 Wal-Mart 10:30a.m.	23	24 Patio Funday/Bring A Friend 10:00a.m.
27	28 Dollar Tree 10:30a.m. Men's Funday @ Carvil (Men Only) 10:00 a.m.	29 Spring Fling 10:30 a.m.	30 All about Green Tea in the Green Room w / Dana 11:00a.m.	31