

CHARLIE JOSEPH SENIOR CENTER

6943 Buffalo Avenue ~ Jacksonville, FL 32208 ~ (904) 768-4762

Specialist: Diane Weaver

SEPTEMBER 2019

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Billiards 8 a.m. Puzzles 8 a.m. Paper Rolling 8:30 a.m. Silver Sneakers 9 a.m. Bible Study 9:30 a.m. Chair Volleyball 10 a.m. Walmart 10:30 a.m. Wii Games 1 p.m.	Billiards 8 a.m. BP Checks 8:30 a.m. Breakfast 9 a.m. Bingo 9:30 a.m. Exercise 11 a.m. Wii Games 1 p.m.	Billiards 8 a.m. Puzzles 8 a.m. Paper Rolling 8:30 a.m. Silver Sneakers 9 a.m. Journey Thru a Book 9:30 a.m. Chair Volleyball 10 a.m. Wii Games 1 p.m.	Billiards 8 a.m. BP Checks 8:30 a.m. Breakfast 9 a.m. Bingo 9:30 a.m. Exercise 11 a.m. Wii Games 1 p.m.	Billiards 8 a.m. Paper Rolling 8:30 a.m. Puzzles 8:30 a.m. Current Events 9 a.m. Bingo 9:30 a.m. Show & Tell 10 a.m. Chair Volleyball 10:30 a.m. Wii Games 11 a.m.
AVAILABLE DAILY Billiards, Wii Games LUNCH 12:00 p.m.				
2 Labor Day ~ Closed	3 Dress as Gaudy as You Can Be for Lincoln Villa's Spirit Week Tacky Tropical Tourist Event 10 a.m.	4 Roses 10 a.m.	5 JTA ReadyRide 11 a.m.	6 Lunch at the Potter's House Bistro 10:30 a.m.
9 Wear the Color of the Year You Were Born for Our 50's & 60's Spirit Week Dance Party 10 a.m.	10 Express Yourself & Dress as Your Favorite Spirit Animal for Our Spirit Week Event 10 a.m.	11 I Wish I Were ... Come Dressed as Who or What You Wanted to Be for Our Spirit Week Event 10 a.m.	12 Enjoy Some Local Fare at Our Spirit Week Senior Take-Over Day 10 a.m.	13 Come Shine with Our Seniors at Our Spirit Week Talent & Fashion Show 10 a.m.
16 Walmart & Dollar Tree 10:30 a.m.	17 Hopes Closet Thrift Store 10:30 a.m.	18 Come Test Your Knowledge of the Future at Jim Fortuna's Out of this World Trivia Day for Spirit Week 10:30 a.m.	19 Healthy Living Discussion w/Dietitian Dana 9:30 a.m.	20
23 Marine Science Center 11:30 a.m.	24 Fall Prevention Awareness Group Discussion 10:30 a.m.	25	26 Senior Services Spirit Week Pep Rally at Sk8 City 10 a.m.	27 Fujiyama Japanese Restaurant 10:30 a.m.
30		September is National Senior Center Month ~ The Key to Aging Well!		Forever Fit 50 & Beyond, 2019 Senior Games; September 27 th thru October 5 th