

JIM FORTUNA SENIOR CENTER

11751 McCormick Road ~ Jacksonville, FL 32225 ~ (904) 996-0211

Specialist: David Wunder

SEPTEMBER 2019

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Zumba Gold 9 a.m. Advanced Tai Chi 10 a.m. Gardening 10 a.m. World History Class 10 a.m. Tai Chi 11 a.m. Mah-Jongg 12 p.m. Chair Yoga 1 p.m. Quilt & Sew 1 p.m. Lifetime Fitness 3 p.m.	Art Group 9 a.m. Bridge 9 a.m. Wood Carving 9 a.m. Adventurer/Health Class 10 a.m. Pinochle 10 a.m. Wii Bowling 10 a.m. Music Appreciation 11 a.m. Creative Writing 11 a.m. Chair Yoga 11:30 a.m. 3-D Origami 12:30 p.m. Movie & Popcorn 12:45 p.m. Beginners Crochet 1 p.m. Line Dancing 1 p.m. American History 2 p.m.	Canasta 8:30 a.m. Exercise Class 9:30 a.m. Cribbage 9:30 a.m. Bridge Group 9:30 a.m. Pinochle 10 a.m. Tai Chi 11 a.m. Lunch Trivia 11:15 a.m. Knitting & Crocheting 12 p.m. Mah-Jongg 12 p.m. Hearts 1 p.m. Bible Study 2 p.m. Chair Volleyball 3 p.m. Game Night 5 p.m. Ballroom Dance 7 p.m.	Bridge 9 a.m. Pinochle 9 a.m. Mobility & Strength 10 a.m. Computer Class 10 a.m. Coloring for Adults 10:30 a.m. Cornhole 11:30 a.m. Line Dance 1 p.m. Canasta 1 p.m. Dance Lessons 1:30 p.m. Ballroom Dance 2:30 p.m. Lifetime Fitness 3 p.m.	Canasta 9 a.m. Beginner Italian 9 a.m. Current Events 10 a.m. Chair Exercise 10 a.m. Italian 10 a.m. Tai Chi 11 a.m. Chess 11:30 a.m. Mah-Jongg 12 p.m. Line Dancing 1 p.m. Spanish 1 p.m. Canasta 1 p.m. Chair Volleyball 3 p.m. Game Night 5 p.m.
AVAILABLE DAILY Billiards, Cards, Chess, Creative Coloring, Disc Golf, Dominoes, Mah-Jongg, Puzzles, Table Tennis Scrabble, Walking & Wii				
2 Labor Day ~ Closed	3 Canasta Gals 10 a.m. Labor Day "End of Summer" Ice Cream Floats 12 p.m.	4	5 Bobbie's Bridge 10 a.m.	6 Ballroom Dance 7 p.m. Movie Night 7 p.m.
9 Bereavement Group w/VITAS 10 a.m.	10	11 Cool Chicks Bridge 1 p.m.	12 Site Council Meeting 9 a.m.	13 Team Trivia 6 p.m.
16 Act Out Like a Child in Our Senior Skits & Baby Shower Spirit Week Event 10 a.m.	17 Welcome to the Future: Techno Day Spirit Week Event 10 a.m. Canasta Gals 10 a.m.	18 Come Test Your Knowledge of the Future at Our Out of this World Trivia Day for Spirit Week 10 a.m. Lunch Out: (TBD) 11:30 a.m.	19 Glimpse Into What the Future of Technology Will be Like at Our Spirit Week Event 10 a.m. Bobbie's Bridge 10 a.m.	20 Play Games & Have Fun at Our Apocalyptic Carnival 10 a.m. Beading Class 2 p.m. Ballroom Dance 7 p.m. Movie Night 7 p.m.
23	24	25 Cool Chicks Bridge 1 p.m.	26 Senior Services Spirit Week Pep Rally at Sk8 City 10 a.m. Acey-Deucey Group 10 a.m.	27 Team Trivia 6 p.m. Birthday Celebration 12 p.m.
30		September is National Senior Center Month ~ The Key to Aging Well!		Forever Fit 50 & Beyond, 2019 Senior Games; September 27 th thru October 5 th