

HAMMOND SENIOR CENTER

3312 W. 12th Street ~ Jacksonville, FL 32254 ~ (904) 786-8554

Specialist: Iscah Holland

AUGUST 2019

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Puzzles 8 a.m. Skip Bo 8:30 a.m. Walmart Outing 10 a.m. Walk Outside 1:30 p.m.	Puzzles 8 a.m. Skip Bo 8:30 a.m. Breakfast 9 a.m. Bingo 10 a.m. Bible Study 11 a.m. Exercise 11:15 a.m.	Puzzles 8 a.m. Skip Bo 8:30 a.m. Current Events 9 a.m. Cards 9:30 a.m. Blood Pressure Check 10 a.m. Active Games 10:30 a.m.	Puzzles 8 a.m. Skip Bo 8:30 a.m. Breakfast 9 a.m.	Puzzles 8 a.m. Skip Bo 8:30 a.m. Chair Volleyball 10 a.m. Pool 10 a.m. Exercise 11:15 a.m.
AVAILABLE DAILY Puzzles and Various Games LUNCH 12 p.m.				
			1 Commodities Pick-Up 10 a.m.	2 Have Spooky Fun at "Thriller Friday" at Louis Dinah's Spirit Week Event 10 a.m. Senior Prom 6 p.m.
5 Pull on Your Boots, Make Paper Flowers & Get Ready for Square Dancing Musical Chairs at Our Spirit Week Event 10 a.m.	6 Show Your Creativity in Our Bandana & Jeans Fashion Show for Spirit Week 10 a.m.	7 Centers, Prepare to Duel in Our Hatfield vs. McCoy Western-a-Thon for Spirit Week 10 a.m.	8 Lasso Up All the Items in Our Scavenger Hunt for Our Lasso Day Spirit Week Event 10 a.m. Program Advisory Board Meeting @ Lane Wiley 11 a.m.	9 We're Havin a Shot Gun Wedding with Performers and a Grillin Fundraiser for Our Spirit Week Event 10 a.m.
12 Walmart (Normandy) 10 a.m.	13	14 Senior Summit on the Opioid Crisis~Legends Center 10 a.m. Grand Driver & Pedestrian Safety 11 a.m.	15 Breakfast w/Dietician Dana 9 a.m. Site Council Meeting 10 a.m.	16 Show Off Your Talents at the Senior Entertainment Day Event 10 a.m.
19 Freshfield Farms 10 a.m.	20	21 Roses Express 10 a.m. UF Health's Stroke Prevention 11 a.m.	22 Cracker Barrel 10:30 a.m.	23 Wear Your Favorite African Inspired Dress to Celebrate African Culture at Longbranch's Mini Fashion Show for Spirit Week 10 a.m.
26 Dollar Tree 10 a.m.	27	28 ILRC's Free Amplified Phone Program 10:30 a.m.	29 Let's Play Charades for Game Day 10 a.m.	30