

# FRANCES PADGETT- ARLINGTON SENIOR CENTER

1078 Rogero Rd. ~ Jacksonville, FL 32211 ~ (904) 255-6733

Specialist: Chanel Stewart

## OCTOBER 2021

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Puzzle Variety 8:30 a.m. Card Games 9 a.m. Chair Volleyball or Exercise 9:30 a.m. Walking 10 a.m. Bingo 12 p.m.	Puzzles 8:30 a.m. Bible Study 10 a.m. Walmart 10:15 a.m. Square Dance 6 p. m.	Zumba 10:30 a.m.. Puzzle Variety 12 p.m. Line Dance Class 1 p.m. Ballroom Dancing 7 p .m.	Trivia 10:30 a.m. Computer Class 12 p.m. Bingo 12 p.m. .	Exercise 9:30 a.m. Card Games 10 a.m. Line Dancing 10:30 a.m. Karaoke 11 a. m.
<b>AVAILABLE DAILY-</b> Computer Lab, Hidden Picture, Word Puzzles, Adult Coloring, Dominoes, Current Events, Walking, Card Games & Educational Topics <b>LUNCH 11:30 a.m.</b>				
<b>Spirit Week October 25<sup>th</sup>- 29<sup>th</sup></b>  <b>Daily Trivia for Themed Days of Spirit Week</b>	<b>PINK OUT EVERY Friday in October in Honor of Breast Cancer Awareness Month</b>			<b>1</b>
<b>4</b> .	<b>5</b> Shopping at Wal-Mart 10:15 a.m.	<b>6</b>	<b>7</b> Lunch at Lupita Mexican Restaurant 11 a.m.	<b>8</b> Shopping at Dollar Tree 10 a.m.
<b>11</b>	<b>12</b> Shopping at Wal-Mart 10:15 a.m.	<b>13</b> Outing: Tommy's Pumpkin Patch 10 a.m.	<b>14</b> Lunch at Golden Corral 10 a.m.	<b>15</b> Fish-A-Thon at Hanna Park <i>-Senior Centers Closed-</i> 10 a.m.
<b>18</b> Shopping at Roses 10 a.m.	<b>19</b> Lunch at Safe Harbor Seafood 10:30 a.m.	<b>20</b>	<b>21</b> Shopping at Publix 10:15 a.m.	<b>22</b>
<b>25</b> Spirit Week Theme: <i>U.S.A Day</i> Healthy Liver Month Discussion with Dana 10 a.m.	<b>26</b> Spirit Week Theme: <i>Decade Day</i> Shopping at Publix 10:15 a.m.	<b>27</b> Spirit Week Theme: <i>Tacky Tourist Day</i>	<b>28</b> Spirit Week Theme: <i>Hawaiian Day</i> Lunch at University Diner 10:30 a.m.	<b>29</b> Spirit Week Theme: <i>Pink Out Day</i> <i>Outing: Farmers Market</i> <i>Beaver Street 10:15 a.m.</i>