

J.S. JOHNSON SENIOR CENTER

1112 Jackson Street ~ Jacksonville, FL 32204 ~ (904) 630-0949

Specialist: Denise Smith

SEPTEMBER 2019

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Billiards 10 a.m. Cards 10 a.m. Musical Groove 10 a.m. Brain Games 10:30 a.m. Chair Volleyball 10:30 a.m. Bingo 11 a.m. Cards 12:30 p.m.	Breakfast 9:30 a.m. Cards 10 a.m. Billiards 10 a.m. Musical Groove 10 a.m. Walmart 10:30 a.m. Cards 12:30 p.m.	Billiards 10 a.m. Musical Groove 10 a.m. Cards 10 a.m. Critical Thinking 10 a.m. Brain Games 10:30 a.m. Chair Volleyball 10:30 a.m. Bingo 11 a.m. Cards 12:30 p.m.	Breakfast 9:30 a.m. Billiards 10 a.m. Musical Groove 10 a.m. Bible Study 11 a.m. Cards 12:30 p.m.	Billiards 10 a.m. Cards 10 a.m. Musical Groove 10 a.m. Brain Games 10:30 a.m. Bingo 12:30 p.m. Cards 12:30 p.m.
AVAILABLE DAILY Card Games, Exercise, Word Puzzles, Jigsaw Puzzles, Billiards, Reading, Trivia & Bowling LUNCH 12 p.m.				
2 Labor Day ~ Closed	3	4 Diabetes Support Group 10:30 a.m.	5	6 Build Sand Castles, Have a Scavenger Hunt & Lots More at Lincoln Villa's Beach Please Spirit Week Event 10 a.m.
9 Site Council Meeting 11:30 a.m. Participant Meeting 12:30 p.m.	10 Dollar Tree 10:30 a.m.	11	12 Enjoy Some Local Fare at Charlie Joseph's Spirit Week Senior Take-Over Day 10 a.m.	13 Jacksonville Zoo & Gardens 9:30 a.m.
16 Musicise 10:30 a.m.	17 Freshfields Farm Produce Market 10 a.m. Bingo w/Sean From AllWell 12:30 p.m.	18 Roses 10:30 a.m.	19 Planning a Fall Vegetable Garden 10 a.m.	20 Movie & Popcorn 10 a.m. FLHSMV Grand Driver & Pedestrian Safety 10 a.m.
23 Bible Study 10:30 a.m.	24 Discussion on Fall Prevention Awareness 9:30 a.m. Hope's Closet 10:30 a.m.	25 Healthy Recipes for Healthy Eating w/Dana, Our Dietician 10 a.m.	26 Senior Services Spirit Week Pep Rally at Sk8 City 10 a.m.	27 Birthday Luncheon Celebration 10:30 a.m.
30 Exercise Class at EWC 10:30 a.m.		September is National Senior Center Month ~ The Key to Aging Well!		Forever Fit 50 & Beyond, 2019 Senior Games; September 27 th thru October 5 th