

LONGBRANCH SENIOR CENTER

4110 Franklin Street ~ Jacksonville, FL 32206 (904) 630-0893

Specialist: Angela K. Hicks & Cheryl Harris

JANUARY 2020

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Morning Café Hour 8 a.m. Chair Exercise 9 a.m. What's New in Jax 9:45 a.m. Brain Games 10 a.m. Walmart 10:15 a.m. Bingo 12 p.m.	Morning Café Hour 8 a.m. Chair Exercise 9 a.m. Card Games 9:45 a.m. Roses 10 a.m. Bingo 12 p.m.	Morning Café Hour 8 a.m. Chair Exercise 9 a.m. What's New in Jax 9:45 a.m. Bible Study 10 a.m. Scrabble 10 a.m. Publix 10:15 a.m. Bingo 12 p.m.	Morning Café Hour 8 a.m. Chair Exercise 9 a.m. Bingo 12 p.m.
LUNCH DAILY 11 a.m.				
		1 New Year's Day ~ Closed	2 Café Discussion: 2020 What Do You Expect This Year?	3 Movie 10 a.m. Celebrating National Trivia Month w/Trivia Games 10:45 a.m.
6 Café Discussion: National Lose Weight/Feel Great Week Breakfast at (Location TBD) 10:30 a.m.	7 Celebrate the New Year with a Cup of Tea 10 a.m. Planning Spring Activities 10:30 a.m.	8 Café Discussion: National Glaucoma Awareness Month Bingo w/Humana 11 a.m.	9 Café Discussion: National Blood Donation Month	10 Community Walk 10 a.m. Houseplant Appreciation Day; Check & Clean Our In-House Plants 10 a.m.
13 Trip to Freshfields Farm 10:30 a.m.	14	15 Celebrating National Bagel Day 9:30 a.m. Blood Pressure Checks 10 a.m.	16 Community Outreach 10:30 a.m.	17 Movie & Popcorn; Members Choice 10 a.m.
20 MLK Day ~ Closed	21	22	23 Café Discussion; Opioid Information 11 a.m.	24 Give a Compliment to Someone Day Movie w/Chips & Cheese 10 a.m.
27 Dollar Tree 10:30 a.m.	28 Café discussion: Thyroid Awareness Month	29 Senior Day in Tallahassee 6 a.m. (Sign-Up Required)	30 Chair Volleyball 10 a.m.	31 Birthday Celebrations at Just A Pinch Cafe 10:30 a.m.