

# MARY L. SINGLETON SENIOR CENTER

150 E. 1<sup>st</sup> St. ~ Jacksonville, FL 32206 ~ (904) 255-6666

Specialist: LaTasha McCray

## SEPTEMBER 2021

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ceramics Class 8 a.m. Open Computer Lab 9:30 a.m. Art Class 10 a.m. Bible Study 10 a.m. Line Dancing 10 a.m. Line Dancing 12:30 p.m. Afternoon Movie 12:30 p.m. Bingo 1 p.m. Chair Volleyball 1 p.m. Sewing Class 3 p.m.	Ceramics Class 8 a.m. Breakfast 9 a.m. Open Computer Lab 9:30 a.m. Line Dancing 10 a.m. Walks and Talks Walking Club 10 a.m. Open Computer Lab 1 p.m. Line Dancing 1 p.m. Chair Volleyball 1 p.m.	Ceramics Class 8 a.m. Breakfast 9 a.m. Open Computer Lab 9:30 a.m. Art Class 10 a.m. Bible Study 10 a.m. Line Dancing 10 a.m. Exercise Class 10 a.m. Line Dancing 12:30 p.m. Afternoon Movie 12:30 p.m. Open Computer Lab 1 p.m. Bingo 1 p.m. Sewing Class 3 p.m.	Ceramics Class 8 a.m. Breakfast 9 a.m. Open Computer Lab 9:30 a.m. Crocheting Class 10 a.m. Day w/ the Dietician 10 a.m. Line Dancing 10 a.m. Open Computer Lab 1 p.m. Chair Volleyball 1 p.m. Line Dancing 1 p.m. Drama Club 1:30 p.m. Bingo 2:30 p.m. Games & Dancing 5 p.m.	Ceramics Class 8 a.m. Chair Yoga Video 9 a.m. Line Dancing 10 a.m. Walks and Talks Walking Club 10 a.m. Bingo 1 p.m. Crocheting Class 1 p.m. Chair Volleyball 1 p.m.
<b>AVAILABLE DAILY</b> Bingo, Billiards, & Card Games <b>LUNCH</b> 11:30 a.m. <b>Clothes Closet</b> Monday ~ Friday 9 a.m. ~ 11:30 a.m.				
		1	2	3 Labor Day Table Decorating Contest 11 a.m.
6 Labor Day <i>Senior Center Closed in Observance of Labor Day</i>	7	8 Movie 10 a.m.	9 Day with Dana our Dietitian 10 a.m. Honoring the 20 <sup>th</sup> Anniversary of 9/11 Event 11 a.m.	10 NFL Season Begins: Wear Your Favorite Jersey
13	14 Fall Prevention Handouts and Discussion 11 a.m.	15 National Hat Day: Wear Your Favorite Hat	16 Dollar Tree 10 a.m.	17
20	21 Potter House 10:30 a.m.	22 Thrift Store 10 a.m.	23 Day with Dana our Dietitian 10 a.m.	24 Bring a Friend Day: Outreach Day Birthday Celebration: Center Luncheon ( Cake & Ice-cream)
27	28	29	30	