

BENNIE FURLONG SENIOR CENTER

281 19th Avenue South ~ Jacksonville Beach, FL 32250 ~ (904) 241-3796

Specialist: Joenetta Dixon

November 2021

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Brain Games 8 a.m. Arts & Crafts 9 a.m. Chair Exercise 9:30 a.m. Bingo 10 a.m. Chair Exercise 10:30 a.m. Line Dance Class 1:30 p.m.	Brain Games 8 a.m. Breakfast 8:30 a.m. Tai Chi Class 9:15 a.m. Zumba 9:30 a.m. Arts & Crafts 9:30 a.m. Publix 9:30 a.m. Puzzles 10 a.m. Bingo 10 a.m. Bridge 12 p.m. Ballroom Dance Class 1:30 p.m.	Brain Games 8 a.m. Breakfast 8:30 am Chair Exercise 9:30 a.m. Chair Exercise 10:30 a.m. Trivia 11 a.m. Piano Music by Mr. Knowles 11:30 a.m. Ballroom Dance 7:30 p.m. Zumba 1:30 p.m.	Brain Games 8 a.m. Breakfast 8:30 a.m. Tai Chi Class 9:15 a.m. Walmart 9:30 a.m. Card Making 10:00 a.m. 1 st & 3 rd Thursday's Bingo 10 a.m. Mah-Jongg 1 p.m.	Brain Games 8 a.m. Pool & Ping Pong 8 a.m. Chair Volleyball 9 a.m. Chair Exercise 10 a.m. Bingo 10 a.m. Bridge 11 a.m. Zumba 1:30 p.m.
AVAILABLE DAILY Beach Walk, Cards, Ceramics, Computers, Ping Pong, Billiards, Puzzles LUNCH 11:30 a.m.				
1 Emerson Thrift Store 10: 30 am	2 Freshfields Farm 10:30 am	3	4 Another Broken Egg café 10:00 am	5
8	9	10 Veteran's Luncheon 12:00 pm	11 Veteran's Day <i>Senior Centers Closed in Observance of Veteran's Day</i>	12
15 Site Council Meeting 10:00 am	16 Marshall's/ HomeGoods 10:30 am	17 <i>Senior Expo at Prime Osborn Convention Center 9 a.m.</i>	18 Thanksgiving Dinner 12:00 pm Senior Expo at <i>Prime Osborn Convention Center 9 a.m.</i>	19 Kiwanis Dinner 6:00 pm
22	23 Avenue's Mall 10:00 am	24	25 Thanksgiving Holiday <i>Senior Center Closed in Observance of Thanksgiving</i>	26 Thanksgiving Holiday <i>Senior Center Closed in Observance of Thanksgiving</i>
29	30			