MANDARIN SENIOR CENTER at HENRY T. JONES COMMUNITY CENTER

SEPTEMBER 2019

3856 Grant Road ~ Jacksonville, FL 32207 ~ (904) 262-7309

Specialist: Erica Hickey

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ceramics 10 a.m. Chair Yoga 10 a.m. Exercise Class 10 a.m. Chair Volleyball 11 a.m. Line Dance 1:30 p.m. Square Dancing 6:30 p.m.	Breakfast 9 a.m. Bingo 10:30 a.m.	Exercise Class 10 a.m. Knitting Group 10 a.m. Chair Volleyball 11 a.m. Single Pinochle 1:15 p.m. Zumba Gold 3:15 p.m.	Breakfast 9 a.m. Chair Yoga 9:30 a.m. Bingo 10:30 a.m.	Exercise Class 10 a.m. Knitting Group 10 a.m. Yoga 10 a.m. Chair Volleyball 11 a.m. Single Pinochle 1:15 p.m.
AVAILABLE DAILY Billiards, Board Games, Cards, Creative Coloring & Puzzles			*ANNEX	LUNCH 12 p.m.
2 Labor Day ~ Closed	3 Cans for Bingo 10:30 a.m.	4 Taste of Jax: Piccadilly Cafeteria 10:30 a.m.	5	6 Build Sand Castles, Have a Scavenger Hunt & Lots More at Lincoln Villa's Beach Please Spirit Week Event 9:30 a.m.
9 Site Council Meeting 10 a.m. Bingo Sponsored by Humana 11 a.m.	10	11	12 Participant Meeting 10 a.m.	Come Shine with Our Seniors at Charlie Joseph's Spirit Week Talent & Fashion Show 9:30 a.m.
16 Publix & Dollar Tree 10 a.m.	17 Clever Ideas by River Gardens 9:30 a.m.	18 Lunch Out: CiCi's Pizza 10:30 a.m.	19	20 Play Games & Have Fun at Jim Fortuna's Apocalyptic Carnival 9:30 a.m.
23 Walmart 10 a.m.	24	25	26 Senior Services Spirit Week Pep Rally at Sk8 City 9:30 a.m. Birthday Celebrations Sponsored by CarePlus 12:15 p.m.	27 Freshfields Farm and Captain D's 10 a.m.
30 Movie, Popcorn & Root Beer Floats 10 a.m.		September is National Senior Center Month ~ The Key to Aging Well!		Forever Fit 50 & Beyond, 2019 Senior Games; September 27 th thru October 5 th