

# MONCRIEF SENIOR CENTER

5713 Teeler Ave. ~ Jacksonville, FL 32208 ~ (904) 764-0330

Specialist: Martinique Glover

# NOVEMBER 2019

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Exercise Class 9 a.m. Dominoes 10 a.m. Bingo 10:30 a.m.	Breakfast 9 a.m. Chair Dance 9:30 a.m. Trivia 10:30 a.m. Bridge 11 a.m.	Painting 9 a.m. Chair Volleyball 10 a.m. Word Games 11 a.m.	Breakfast 9 a.m. Chair Exercise 10 a.m. Bible Study 10:30 a.m. War of Words 11 a.m.	Art 9 a.m. Chair Volleyball 10 a.m. Bingo 11 a.m. Word Games 12:30 p.m.
<b>AVAILABLE DAILY</b> Puzzles, Sing-A-Long, Coloring, Reading, Computers <b>LUNCH</b> 12 p.m.				
Senior Expo Nov. 13 & 14 Morocco Shrine Auditorium 9 a.m. ~ 3 p.m.				1
4 Trip to Movies 10 a.m.	5	6 Ollies on Normandy 10 a.m.	7 Commodities Pick Up at Bridge the Gap 10:30 a.m.	8 Veteran's Day Program 11 a.m.
11 Veteran's Day ~ Closed	12	13	14	15 Lunch at Annie Rues 11 a.m.
18 Big Lots on Merrill Road & Lunch at Hardee's 10:30 a.m.	19 Moncrief Thanksgiving Celebration at Sticky Fingers in River City 11 a.m.	20 Roses on Normandy 10:30 a.m.	21	22
25 River City Walmart 10:30 a.m.	26	27	28 Thanksgiving Holiday ~ Closed	29 Thanksgiving Holiday ~ Closed