

LANE WILEY SENIOR CENTER

6710 Wiley Road ~ Jacksonville, FL 32210 ~ (904) 783-6589

Specialist: Shay-La Evans

SEPTEMBER 2019

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bingo 10 a.m. Bible Class 11 a.m. Chair Exercise 11 a.m. Jewelry Class 11 a.m. Educational Material 12:30 p.m. Jewelry Class 12:30 p.m.	Breakfast 9:30 a.m. Arts & Crafts Class 10 a.m. Walmart 10:30 a.m. Choir Practice 12:30 p.m. Eddie's Dance Class 1 p.m. Evening Bingo 3 p.m. Dinner Meal 4 p.m. Pool 5 p.m. Line Dance Class 6 p.m. Late Dinner Meal 6:45 p.m. Ballroom Dance 7 p.m.	Bingo 10 a.m. Chair Volleyball 11 a.m. Pinochle 11 a.m. B/P Check 12:30 p.m. Educational Material 12:30 p.m.	Breakfast 9:30 a.m. Bible Class 11 a.m. Chair Exercise, Aerobics & Yoga Class 11 a.m. Group Trivia 11 a.m. Eddie's Beginner Dance 12:30 p.m. Eddie's Dance Class 1:30 p.m.	Bingo 10 a.m. Arts & Crafts 10 a.m. Exercise 10:30 a.m. Quilting 12:30 p.m. Educational Material 12:30 p.m.
AVAILABLE DAILY Word Puzzles, Bingo, Computer Lab, Paper Rolling, Cards, Pool, Exercise, Walking, Knitting, Reading, Games & Wii LUNCH 12 p.m.				
2 Labor Day ~ Closed	3	4 Shut Em Down Restaurant 11 a.m.	5	6 Victim Services Table 9 a.m. Build Sand Castles, Have a Scavenger Hunt & Lots More at Lincoln Villa's Beach Please Spirit Week Event 10:30 a.m.
9 Two Saints Restaurant 10:30 a.m.	10 Family Foundation Workshop: Anxiety 10:30 a.m.	11 Site Council Meeting 11 a.m.	12 Enjoy Some Local Fare at Charlie Joseph's Spirit Week Senior Take-Over Day 10:30 a.m.	13 Ollies 10:45 a.m.
16 Act Out Like a Child in Jim Fortuna's Senior Skits & Baby Shower Spirit Week Event 10:30 a.m.	17 Trivia w/Humana 11 a.m.	18 Fall Prevention Program Presented by Brooks Rehabilitation 10:30 a.m.	19 Flu Shots at Walmart 10:30 a.m. Golden Coral 10:45 a.m.	20 Karaoke 11 a.m.
23 Jax Zoo & Gardens 10:30 a.m.	24	25 Movie Day 10:30 a.m.	26 Senior Services Spirit Week Pep Rally at Sk8 City 10 a.m.	27 Birthday Celebrations 12 p.m.
30 St. Johns Seafood 10:45 a.m.		September is National Senior Center Month ~ The Key to Aging Well!		Forever Fit 50 & Beyond, 2019 Senior Games; September 27 th thru October 5 th