

# MANDARIN SENIOR CENTER at HENRY T. JONES COMMUNITY CENTER

3856 Grant Road ~ Jacksonville, FL 32207 ~ (904) 262-7309

Specialist: Erica Hickey

**OCTOBER 2019**

Monday – Friday ~ 8 a.m. to 5 p.m.

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|--|--|--|--|
| <b>**Chair Yoga 10 a.m.</b><br><b>Exercise Class 10 a.m.</b><br><b>Chair Volleyball 11 a.m.</b><br><b>**Line Dance 1:30 p.m.</b><br><b>**Square Dancing 6:30 p.m.</b> | <b>Breakfast 9 a.m.</b><br><b>Bingo 10:30 a.m.</b>   | <b>Exercise Class 10 a.m.</b><br><b>**Knitting Group 10 a.m.</b><br><b>Chair Volleyball 11 a.m.</b><br><b>**Single Pinochle 1:15 p.m.</b><br><b>**Zumba Gold 3:15 p.m.</b> | <b>Breakfast 9 a.m.</b><br><b>Bingo 10:30 a.m.</b>   | <b>Exercise Class 10 a.m.</b><br><b>**Knitting Group 10 a.m.</b><br><b>**Chair Yoga 10 a.m.</b><br><b>Chair Volleyball 11 a.m.</b><br><b>**Single Pinochle 1:15 p.m.</b> |
| <b>AVAILABLE DAILY</b> Cards, Creative Coloring & Puzzles <b>LUNCH 12 p.m.</b> <b>**ANOTHER LOCATION</b>  |  |  |  |  |
| Forever Fit 50 & Beyond, 2019 Senior Games Continue; October 1st thru October 5 <sup>th</sup>   | <b>1</b><br>Cans for Bingo 10:30 a.m.                | <b>2</b><br>Taste of Jax: Miller's Ale House 10:45 a.m.  | <b>3</b>   | <b>4</b><br>Walmart 10 a.m.  |
| <b>7</b><br>Site Council Meeting 10 a.m.<br>Bingo sponsored by Humana 11 a.m.   | <b>8</b><br>UF Health - Stroke Prevention 9:30 a.m.  | <b>9</b><br>Aldi's, Target & Home Goods 10 a.m.  | <b>10</b><br>Participant Meeting 10 a.m.<br>Program Advisory Board Meeting @ Lane Wiley 11 a.m.  | <b>11</b><br>IKEA 10 a.m.<br>Intro. to Pickleball at Cuba Hunter C.C. Gym 10:30 a.m.   |
| <b>14</b><br>Whetstone Chocolate Tasting Tour in St Augustine & Lunch 9:30 a.m.   | <b>15</b><br>Clever Ideas by River Gardens 9:30 a.m. | <b>16</b><br>Emerson's Thrift Shop 10 a.m.   | <b>17</b>  | <b>18</b><br>Publix, Dollar Tree & Burlington 10 a.m.  |
| <b>21</b><br>Movie & Popcorn 10 a.m.  | <b>22</b>  | <b>23</b><br>Lunch Out: CiCi's Pizza 10:45 a.m.  | <b>24</b>  | <b>25</b><br>Jacksonville Zoo & Gardens 9 a.m.   |
| <b>28</b><br>Dollar Tree 10 a.m.  | <b>29</b>  | <b>30</b><br>Walmart 10 a.m.   | <b>31</b><br>Halloween Party 9:30 a.m.<br>Birthday Celebrations Sponsored by CarePlus 12:15 a.m. |  |