

BENNIE FURLONG SENIOR CENTER

281 19th Avenue South ~ Jacksonville Beach, FL 32250 ~ (904) 241-3796

Specialist: Joenetta Dixon

DECEMBER 2019

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Brain Games 8 a.m. Arts & Crafts 9 a.m. Chair Exercise 9:30 a.m. Bingo 10 a.m. Chair Exercise 10:30 a.m. Zumba 11 a.m. Line Dance Class 1:30 p.m.	Brain Games 8 a.m. Breakfast 9 a.m. Tai Chi Class 9:15 a.m. Arts & Crafts 9:30 a.m. Publix 9:30 a.m. Puzzles 10 a.m. Bingo 10 a.m. Bridge 12 p.m. Ballroom Dance Class 1:30 p.m.	Brain Games 8 a.m. Chair Exercise 9:30 a.m. Chair Exercise 10:30 a.m. Trivia 11 a.m. Piano Music by Mr. Knowles 11:30 a.m. Ballroom Dance 7:30 p.m.	Brain Games 8 a.m. Breakfast 9 a.m. Tai Chi Class 9:15 a.m. Walmart 9:30 a.m. Bingo 10 a.m. Mah-Jongg 1 p.m.	Brain Games 8 a.m. Pool & Ping Pong 8 a.m. Chair Volleyball 9 a.m. Chair Exercise 10 a.m. Bingo 10 a.m. Bridge 11 a.m. Zumba 11 a.m.
AVAILABLE DAILY Beach Walk, Cards, Ceramics, Computers, Ping Pong, Billiards, Puzzles LUNCH 11:30 a.m.				
2	3 AMC Theater 10 a.m.	4 Orange Park Mall 10 a.m.	5 Greeting Card Art 10 a.m.	6
9 Site Council Meeting 10 a.m.	10 The Cookbook Restaurant 10 a.m.	11 Dollar Tree, Michaels and Target 10 a.m.	12 Finesse Hair Cuts 10 a.m. Program Advisory Board Swearing-In at Lane Wiley 11 a.m.	13
16 Bennie Furlong Christmas Party at Outback Restaurant 10 a.m.	17	18 Stretch and Wiggle 10 a.m.	19 Finesse Hair Cuts 10 a.m. Greeting Card Art 10 a.m.	20
23	24 Christmas Eve ~ Closed	25 Christmas Day ~ Closed	26 Red Lobster 10 a.m.	27 "Bring a Buddy to Our Center" Outreach 10 a.m.
30 Sam's Warehouse 10 a.m.	31 New Year's Eve Celebration 10 a.m.			Holiday Festival Saturday, December 7 th 2 p.m. Until 5 p.m. Prime Osborne Center