

CARVILL SENIOR CENTER

1302 Carvill Ave, Jacksonville, FL 32208~ (904) 255-6650

Specialist: Martinique Glover

OCTOBER 2021

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Exercise Class 9 a.m. Dominoes 10 a.m. Bingo 10:30 a.m.	Breakfast 9 a.m. Chair Dance 9:30 a.m. Trivia 10:30 a.m.	Breakfast 9 a.m. Chair Exercise 9:30am Art Class 10:30am	Breakfast 9 a.m. Exercise 9:30 a.m. Word Games: <i>War of Words</i> 11 a.m.	Art 9 a.m. Chair Volleyball 10 a.m. Bingo 11 a.m. Word Games 12:30 p.m.
AVAILABLE DAILY Puzzles, Sing-A-Long, Coloring, Reading, Computers LUNCH 12 p.m.				
				1 International Coffee Day: Coffee & Doughnuts 9:30 a.m. Movie: <i>Disney's Haunted Mansion</i> 10 a.m.
4	5	6 Trip to Roses on Lem Turner 10:30 a.m.	7 Musical Bingo with Riverview Senior Center 1:30 p.m.	8 Trip to Big Lots on Merrill Road 10:30 a.m.
11	12 Walmart at River City 10:30 a.m.	13	14	15 Fish-A-Thon at Hanna Park <i>-Senior Centers Closed-</i> 10 a.m.
18	19 Beaver Street Farmers Market 10:30 a.m.	20 World Osteoporosis Day Presentation 10:30 a.m.	21	22 "Lets Make A Deal" Event at Carvill 10:30 a.m.
25	26	27 Trip to Ollies on Cassat 10:30 a.m.	28 World Stroke Day Presentation 10:30 a.m.	29