

CLANZEL BROWN SENIOR CENTER

4575 Moncrief Road ~ Jacksonville, FL 32209 ~ (904) 764-8752

Specialist: Carl Jackson

DECEMBER 2019

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Walking 8 a.m. Current Events 10 a.m. Exercise Video 1 p.m.	Puzzles 9 a.m. Breakfast 9 a.m. Cecil Field Water Aerobics 10 a.m. Bible Class 10 a.m. Bingo 12:30 p.m. Exercise Video 2 p.m.	Exercise 8:30 a.m. Breakfast 9 a.m. Rap Sessions 9:30 a.m. “Fun Day” 10 a.m. Brain Exercises 1 p.m. Exercise Video 1 p.m.	Breakfast 8:30 a.m. Exercise 9:30 a.m. Chair Volleyball 10 a.m. Bingo 12:30 p.m. Exercise Video 2 p.m.	Exercise 8:30 a.m. Cecil Field Water Aerobics 10 a.m. Bible Trivia 10 a.m. Movies & Popcorn 10 a.m. Exercise Video 1 p.m.
AVAILABLE DAILY Sing-A-Long, Word Puzzles, Computers, Cards, Dominoes and Board Games LUNCH 12 p.m.				
2	3	4	5	6 Shiloh Church Food Drive 10 a.m.
9 Regency Movies 10 a.m.	10	11	12 FLHSMV Grand Driver & Pedestrian Safety 9:30 a.m. Dollar Store 10 a.m. Program Advisory Board Swearing-In at Lane Wiley 11 a.m.	13
16 Orange Park Mall 10 a.m.	17	18	19 Christmas Celebration Party at Clanzel Brown 10 a.m.	20
23 Christmas Carols & Gift Exchange 10 a.m.	24 Christmas Eve ~ Closed	25 Christmas Day ~ Closed	26	27
30 New Year's Party at Clanzel Brown 10 a.m.	31			Holiday Festival Saturday, December 7 th 2 p.m. Until 5 p.m. Prime Osborne Center