

LONGBRANCH SENIOR CENTER

4110 Franklin Street ~ Jacksonville, FL 32206 (904) 630-0893

Specialist: Angela K. Hicks

MARCH 2020

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Morning Café Hour 8 a.m. Chair Exercise 9 a.m. What's New in Jax 9:45 a.m. Brain Games 10 a.m. Bingo 12 p.m.	Morning Café Hour 8 a.m. Chair Exercise 9 a.m. Card Games 9:45 a.m. Bingo 12 p.m.	Morning Café Hour 8 a.m. Chair Exercise 9 a.m. What's New in Jax 9:45 a.m. Bible Study 10 a.m. Scrabble 10 a.m. Bingo 12 p.m.	Morning Café Hour 8 a.m. Chair Exercise 9 a.m. Bingo 12 p.m.
LUNCH DAILY 11 a.m.				
2 Community Outreach 10 a.m. Breakfast at Denny's 10:30 a.m.	3 Walmart 10:15 a.m.	4 Café Discussion: Walking for Your Health Roses 10:15 a.m.	5 BP Checks 10 a.m. Publix 10:15 a.m.	6 Movie: Members Choice 10 a.m. UniverSoul Circus (Ticket Required) 10:30 a.m.
9 Burlington Store 10:30 a.m.	10 Café Discussion: Allergies and Over the Counter Medications Walmart 10:15 a.m.	11 Community Walk 10:15 a.m. Safety & Security Seminar at Duval Extension Office 10:30 a.m.	12 Publix 10:15 a.m.	13 Movie: Ghostbusters 10 a.m.
16 Dollar General 10:30 a.m.	17 Wear Green in Celebration of St. Patrick's Day Snacks w/Green Tea 12 p.m.	18 Café Discussion: Opioids & Medication for Pain Roses 10:15 a.m.	19 Community Outreach 2:30 p.m.	20 Movie:Members Choice 10 a.m. Check & Clean Interior Plants in Celebration of International Earth Day 12 p.m.
23 Ross Dress for Less 10:15 a.m.	24 Trivia – American Inventions 10 a.m. Walmart 10:15 a.m.	25 Community Walk 10:15 a.m. Driver's Meeting at Singleton 10:30 a.m.	26 Publix 10:15 a.m.	27 Fish-A-Thon at Hanna Park (RSVP Required) 10 a.m. Birthday Celebrations – Lunch at Shut Em Down 11 a.m.
30	31 Chair Volleyball 10:30 a.m.			