

RIVERVIEW SENIOR CENTER

9620 East Water Street ~ Jacksonville, FL 32208 ~ (904) 765-7511

Specialist: Deborah Spears

OCTOBER 2019

Monday – Friday ~ 8 a.m. to 5 p.m.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|
| Crochet Club 10 a.m. Exercise 11 a.m. Trivia 11:30 a.m. Chair Volleyball 1 p.m. Classy Ladies Line Dancing Class 1 p.m. | Breakfast 9:30 a.m. Walking 9:30 a.m. Art Class 9:30 a.m. Wii Bowling 10:30 a.m. Chair Volleyball 10:30 a.m. Ceramics 1 p.m. Wii Bowling 1 p.m. Line Dance Class 3 p.m. | Walking 9:30 a.m. Bible Study 10:30 a.m. Chair Volley 10:30 a.m. Bingo 11 a.m. Classy Ladies Line Dancing Class 1 p.m. | Breakfast 9:30 a.m. Art Class 9:30 a.m. Chair Volleyball 10:30 a.m. Bingo 12:30 p.m. Ceramics 1 p.m. Wii Bowling 1 p.m. | Walking 9:30 a.m. Arts, Crafts & Ceramics 9:30 a.m. Chair Volleyball 10:30 a.m. |
| AVAILABLE DAILY Puzzles, Exercise, Board Games, Phase 10, Ceramics, Computer Lab & Billiards LUNCH 12 p.m. | | | | |
| Forever Fit 50 & Beyond, 2019 Senior Games Continue; October 1st thru October 5 th | 1 | 2 Hope's Closet (Thrift Store) 10:30 a.m. | 3 Bowling & Lunch at Potter's House 10:30 a.m. | 4 |
| 7 Popcorn & Movie 10 a.m. | 8 Presentation by Dana, Our Nutritionist 11 a.m. | 9 Bingo w/Well Care 10:30 a.m. | 10 Bridge The Gap 10:30 a.m. Program Advisory Board Meeting @ Lane Wiley 11 a.m. | 11 Intro. to Pickleball at Cuba Hunter C.C. Gym 10:30 a.m. |
| 14 | 15 Lunch at Junior's Seafood 10:30 a.m. | 16 Roses 10:30 a.m. | 17 Geriatric ToothFairy 10 a.m. WellCare Formal Seminar 10:30 a.m. | 18 Friday Night Line Dance 6 p.m. |
| 21 | 22 | 23 Lunch at Golden Corral 10:30 a.m. | 24 | 25 Walmart 10:30 a.m. |
| 28 | 29 | 30 | 31 | |