

J.S. JOHNSON SENIOR CENTER

1112 Jackson Street ~ Jacksonville, FL 32204 ~ (904) 630-0949

Specialist: Denise Smith

OCTOBER 2019

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Billiards 10 a.m. Cards 10 a.m. Musical Groove 10 a.m. Brain Games 10:30 a.m. Chair Volleyball 10:30 a.m. Bingo 11 a.m. Cards 12:30 p.m.	Breakfast 9:30 a.m. Cards 10 a.m. Billiards 10 a.m. Musical Groove 10 a.m. Walmart 10:30 a.m. Cards 12:30 p.m.	Billiards 10 a.m. Musical Groove 10 a.m. Cards 10 a.m. Critical Thinking 10 a.m. Brain Games 10:30 a.m. Chair Volleyball 10:30 a.m. Bingo 11 a.m. Cards 12:30 p.m.	Breakfast 9:30 a.m. Billiards 10 a.m. Musical Groove 10 a.m. Bible Study 11 a.m. Cards 12:30 p.m.	Billiards 10 a.m. Cards 10 a.m. Musical Groove 10 a.m. Brain Games 10:30 a.m. Bingo 12:30 p.m. Cards 12:30 p.m.
AVAILABLE DAILY Card Games, Exercise, Word Puzzles, Jigsaw Puzzles, Billiards, Reading, Trivia & Bowling LUNCH 12 p.m.				
Forever Fit 50 & Beyond, 2019 Senior Games Continue; October 1st thru October 5 th	1	2	3 Musicise 10:30 a.m.	4 Cracker Barrel 10:30 a.m.
7 Musicise 10:30 a.m.	8 Dollar Tree 10:30 a.m.	9 Planting a Vegetable Garden w/Beth Marlowe, UF Urban Garden Program Coordinator 10 a.m.	10 Healthy Eating w/Dana our Dietitian 10 a.m. Program Advisory Board Meeting @ Lane Wiley 11 a.m.	11 Intro. to Pickleball at Cuba Hunter C.C. Gym 10:30 a.m. Cracker Barrel 10:30 a.m.
14 Site Council Meeting 11:30 a.m. Participant Meeting 12:30 p.m.	15	16 Diabetes Support Group 10:30 a.m.	17 Beginners Crochet Class 10 a.m.	18 Bingo w/Greta from AllWell 12:30 p.m.
21 Bible Study 10:30 a.m.	22 Hope's Closet 10:30 a.m.	23 Roses 10:30 a.m.	24	25 Geriatric ToothFairy 10 a.m.
28 Exercise Class at EWC 10:30 a.m.	29 Bingo w/Greta from AllWell 12:30 p.m.	30 Musicise 10:30 a.m.	31 Halloween/Harvest Fest 10:30 a.m.	