

# LEROY CLEMONS SENIOR CENTER

55 North Jackson Avenue ~ Jacksonville, FL 32220 ~ (904) 693-4918

Specialist: Maria Portalatin

## OCTOBER 2019

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bingo 10 a.m. Current Events 11 a.m. Exercise 11:30 a.m. Games 12:30 p.m.	Breakfast 9 a.m. Trivia & Games 10 a.m. Puzzles 11 a.m. Air Hockey 11:30 a.m. Bingo 12:30 p.m.	Exercise Class 9:30 a.m. Chair Volleyball 10 a.m. Bingo 12:30 p.m. Skip-Bo 1:30 p.m. Country Store Open	Breakfast 9 a.m. Air Hockey 9:30 a.m. Bingo 10:30 a.m. World of Words 12:30 p.m. Country Store Open	Exercise 9 a.m. Bingo 9:30 a.m. Chair Volleyball 10:45 a.m. Games 12:30 p.m. Trivia 12:30 p.m.
<b>AVAILABLE DAILY</b> Board Games, Cards, Creative Coloring, Puzzles, Darts, Dominos, Walks <b>LUNCH</b> 12 p.m.				
Forever Fit 50 & Beyond, 2019 Senior Games Continue; October 1st thru October 5 <sup>th</sup>	1	2	3 Save A Lot & Dollar Tree 10:30 a.m.	4
7	8 Bridge the Gap (Commodities) 10 a.m.	9 Healthy Living w/Dietitian Dana 9 a.m.	10 Program Advisory Board Meeting @ Lane Wiley 11 a.m.	11 Intro. to Pickleball at Cuba Hunter C.C. Gym 10:30 a.m.
14 Bingo w/Humana 10 a.m. Site Council Meeting 1 p.m.	15 Walmart 10 a.m.	16	17	18
21 Participants Meeting 11 a.m.	22	23	24	25 Birthday Celebration 11:30 a.m.
28	29	30	31 Halloween Celebration 10 a.m.	