

LOUIS DINAH SENIOR CENTER

1805 Flag Street ~ Jacksonville, FL 32209 ~ (904) 630-0728

Specialist: Tanya Yarn

MARCH 2020

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Puzzles 8:30 a.m. Bingo 10 a.m. Exercise/EWC 10:30 a.m. Wii Games 11 a.m. Education Material 12:30 p.m. Cards & Dominoes 1 p.m.	Puzzles 8 a.m. Breakfast 9 a.m. Walmart & Dollar Tree 10:30 a.m. Dominoes 11 a.m. Health Material 12:30 p.m. Cards & Dominoes 1 p.m.	Puzzles 8:30 a.m. Silver Sneakers 10 a.m. Bible Study 10 a.m. Chair Volleyball 11 a.m. Heads Up! 11 a.m. Education Material 12:30 p.m. Cards & Dominoes 1 p.m.	Puzzles 8 a.m. Breakfast 9 a.m. Bingo 10 a.m. Line Dance Class 11 a.m. Trivia 11 a.m. Health Material 12:30 p.m. Cards & Dominoes 1 p.m.	Puzzles 8:30 a.m. Bingo 10 a.m. Wii Games 10 a.m. Arts & Crafts 11 a.m. Education Material 12:30 p.m. Cards & Dominoes 1 p.m.
AVAILABLE DAILY Pool, Bingo, Board Games, Jigsaw Puzzles, Word Puzzles, Sewing, Dominoes & Card Games LUNCH 12 p.m.				
2	3	4	5 National Women's History Month Program 10:30 a.m.	6 UniverSoul Circus (Ticket Required) 10:30 a.m.
9	10	11 Safety & Security Seminar at Duval Extension Office 10:30 a.m.	12	13 Birthday Lunch (Location TBD) 10:30 a.m.
16	17 Wear Green & Bring a Friend to our St. Patrick's Day Celebration 10:30 a.m.	18 Dana Gardner, Dietician Doing BP Checks 10 a.m.	19 Walmart and Dollar Tree 10 a.m.	20 Cross Creek Restaurant and Rainbow Shops 10 a.m.
23	24 Commodities Pick-Up 10 a.m.	25 Driver's Meeting at Singleton 10:30 a.m. Brain Game Contest 11 a.m.	26	27 Fish-A-Thon at Hanna Park (RSVP Required) 10 a.m.
30 Coffee House 10:30 a.m.	31			