

August 2022

Monday	Tuesday	Wednesday	Thursday	Friday
1 Mozzarella Chicken Penne/Tomatoes Brussels Sprouts Dinner Roll Fruit Cup	2 Pork Sausage Northern Beans California Vegetables Hot Dog Bun Fruit Cup	3 Salisbury Beef/Onion Gravy Whipped Potatoes Green Beans Wheat Bread Fresh Fruit	4 Lemon Pepper Chicken Black Eyed Peas Collard Greens Dinner Roll Fresh Fruit	5 Taco Meat Pinto Beans Mexican Rice Lettuce & Tomatoes Shredded Cheese Flour Tortilla Fresh Fruit
8 Creole Steak Garlic Whip Potatoes Garden Vegetables Dinner Roll Fruit Cup	9 Chicken w/ Biscuit Gravy Whole Kernel Corn Green Beans Dinner Roll Fruit Cup	10 Baked Meatballs Brown Gravy/Mushrooms Mixed Beans Broccoli & Carrots Dinner Roll Fresh Fruit	11 Tuna Mac Salad Coleslaw Green Pea Salad Saltine Crackers Fresh Fruit	12 Garlic Rosemary Chicken Lima Beans Mustard Greens Wheat Bread Fresh Fruit
15 Meatloaf/Brown Gravy Whipped Potatoes Orange Carrots Wheat Bread Fruit Cup	16 Chicken Cordon Bleu Parslied Rice Green Peas Dinner Roll Fresh Fruit	17 Turkey Ham w/ White Beans Whole Kernel Corn Spring Vegetables Dinner Roll Fresh Fruit	18 Oven Fried Chicken Lima Beans Mixed Greens Cornbread Fresh Fruit	19 Hamburger Patty Baked Beans Sliced Tomato/Lettuce Hamburger Bun Mixed Fruit Cobbler
22 Meatballs w/ Spaghetti Sauce Noodles Summer Vegetables Wheat Bread Fruit Cup	23 Orange Glazed Chicken Delmonico Potatoes Okra & Tomatoes Dinner Roll Fresh Fruit	24 BBQ Rib Patty Red Bean and Rice Peas & Carrots Dinner Roll Fresh Fruit	25 Chicken Salad Garbanzo Bean Salad Lettuce/Tomato Pita Bread Fresh Fruit	26 Beef Fiesta Mac Pinto Beans Whole Kernel Corn Wheat Bread Fresh Fruit
29 Mozzarella Chicken Penne/Tomatoes Brussels Sprouts Dinner Roll Fruit Cup	30 Pork Sausage Northern Beans California Vegetables Hot Dog Bun Fruit Cup	31 Salisbury Beef/Onion Gravy Whipped Potatoes Green Beans Wheat Bread Fresh Fruit	Low Fat Milk Available With Each Meal	

Menu Approved by: Registered Dietitian Dana Gardner and may be subject to change.