

MONCRIEF SENIOR CENTER

5713 Teeler Ave. ~ Jacksonville, FL 32208 ~ (904) 764-0330

Specialist: Martinique Glover

OCTOBER 2019

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Exercise Class 9 a.m. Dominoes 10 a.m. Bingo 10:30 a.m.	Breakfast 9 a.m. Chair Dance 9:30 a.m. Trivia 10:30 a.m. Bridge 11 a.m.	Painting 9 a.m. Chair Volleyball 10 a.m. Word Games 11 a.m.	Breakfast 9 a.m. Chair Exercise 10 a.m. Bible Study 10:30 a.m. War of Words 11 a.m.	Art 9 a.m. Chair Volleyball 10 a.m. Bingo 11 a.m. Word Games 12:30 p.m.
AVAILABLE DAILY Puzzles, Sing-A-Long, Coloring, Reading, Computers LUNCH 12 p.m.				
Forever Fit 50 & Beyond, 2019 Senior Games Continue; October 1st thru October 5 th	1	2 Lunch at J&C Juicy Crab 11 a.m.	3 Site Council Meeting 10:30 a.m.	4 Arlington Donut Shop 10 a .m.
7 River City Dollar Tree 10:30 a.m.	8 Commodities Pick Up at Bridge the Gap 10:30 am	9 Trip to Roses 10:30 a.m.	10 Program Advisory Board Meeting @ Lane Wiley 11 a.m.	11 Popcorn & Movie 10 a.m. Intro. to Pickleball at Cuba Hunter C.C. Gym 10:30 a.m.
14 Walmart on Lem Turner 10 a.m.	15 UF Health Brown Bag Program 11 a.m.	16 ILRC's Free Amplified Phone Program 10 a.m.	17 Shut Em Down Restaurant 11 a.m.	18
21 River City Dollar Tree 10:30 a.m.	22 Lunch at Olive Garden 11 a.m.	23 Roses 10:30 a.m.	24	25 Popcorn & Movie 10 a.m.
28 Walmart on Lem Turner 10 a.m.	29 Site Council Elections 10:30 a.m.	30	31 Fall Fest 10:30 a.m.	