

JIM FORTUNA SENIOR CENTER

11751 McCormick Road ~ Jacksonville, FL 32225 ~ (904) 996-0211

Specialist: David Wunder

OCTOBER 2019

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Zumba Gold 9 a.m. Advanced Tai Chi 10 a.m. Gardening 10 a.m. World History Class 10 a.m. Tai Chi 11 a.m. Mah-Jongg 12 p.m. Chair Yoga 1 p.m. Quilt & Sew 1 p.m. Lifetime Fitness 3 p.m.	Art Group 9 a.m. Bridge 9 a.m. Wood Carving 9 a.m. Adventurer/Health Class 10 a.m. Pinochle 10 a.m. Wii Bowling 10 a.m. Music Appreciation 11 a.m. Creative Writing 11 a.m. Chair Yoga 11:30 a.m. 3-D Origami 12:30 p.m. Movie & Popcorn 12:45 p.m. Beginners Crochet 1 p.m. Line Dancing 1 p.m. American History 2 p.m.	Canasta 8:30 a.m. Exercise Class 9:30 a.m. Cribbage 9:30 a.m. Bridge Group 9:30 a.m. Pinochle 10 a.m. Tai Chi 10:30 a.m. & 11 a.m. Lunch Trivia 11:15 a.m. Knitting & Crocheting 12 p.m. Mah-Jongg 12 p.m. Hearts 1 p.m. Bible Study 2 p.m. Chair Volleyball 3 p.m. Game Night 5 p.m. Ballroom Dance 7 p.m.	Bridge 9 a.m. Pinochle 9 a.m. Mobility & Strength 10 a.m. Computer Class 10 a.m. Coloring for Adults 10:30 a.m. Cornhole 11:30 a.m. Line Dance 1 p.m. Canasta 1 p.m. Dance Lessons 1:30 p.m. Ballroom Dance 2:30 p.m. Lifetime Fitness 3 p.m.	Canasta 9 a.m. Beginner Italian 9 a.m. Current Events 10 a.m. Chair Exercise 10 a.m. Italian 10 a.m. Tai Chi 11 a.m. Chess 11:30 a.m. Mah-Jongg 12 p.m. Line Dancing 1 p.m. Spanish 1 p.m. Canasta 1 p.m. Chair Volleyball 3 p.m. Game Night 5 p.m.
AVAILABLE DAILY Billiards, Cards, Chess, Creative Coloring, Disc Golf, Dominoes, Mah-Jongg, Puzzles, Table Tennis Scrabble, Walking & Wii				
Forever Fit 50 & Beyond, 2019 Senior Games Continue; October 1st thru October 5 th	1 AARP Driver Safety Course 9 a.m. – 4 p.m. All Activities in Exercise Room Cancelled Canasta Gals 10 a.m.	2	3 Bobbie's Bridge 10 a.m.	4 Beach Cookout 4 p.m. Ballroom Dance 7 p.m. Movie Night 7 p.m.
7 Bereavement Group w/VITAS 10 a.m.	8	9 Cool Chicks Bridge 1 p.m.	10 Site Council Meeting 9 a.m. Program Advisory Board Meeting @ Lane Wiley 11 a.m.	11 Intro. to Pickleball at Cuba Hunter C.C. Gym 10:30 a.m. Team Trivia 6 p.m.
14	15 Canasta Gals 10 a.m.	16 Lunch Out: 11:30 a.m.	17 Fortuna's All Day White Elephant Sale Bobbie's Bridge 10 a.m.	18 Fortuna's All Day White Elephant Sale Beading Class 2 p.m. Ballroom Dance 7 p.m. Movie Night 7 p.m.
21	22	23 Cool Chicks Bridge 1 p.m.	24 Acey-Deucy Group 10 a.m.	25 Team Trivia 6 p.m. Birthday Celebrations 12 p.m.
28	29	30	31	