

LOUIS DINAH SENIOR CENTER

1805 Flag Street ~ Jacksonville, FL 32209 ~ (904) 630-0728

Specialist: Tanya Yarn

AUGUST 2019

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Puzzles 8:30 a.m. Exercise/EWC 10:30 a.m. Wii Games 11 a.m. Education Material 12:30 p.m. Cards & Dominoes 1 p.m.	Puzzles 8 a.m. Breakfast 9 a.m. Walmart & Dollar Tree 10:30 a.m. Dominoes 11 a.m. Health Material 12:30 p.m. Cards & Dominoes 1 p.m.	Puzzles 8:30 a.m. Silver Sneakers 10 a.m. Bible Study 10 a.m. Chair Volleyball 11 a.m. Heads Up! 11 a.m. Education Material 12:30 p.m. Cards & Dominoes 1 p.m.	Puzzles 8 a.m. Breakfast 9 a.m. Bingo 10 a.m. Line Dance Class 11 a.m. Trivia 11 a.m. Health Material 12:30 p.m. Cards & Dominoes 1 p.m.	Puzzles 8:30 a.m. Wii Games 10 a.m. Arts & Crafts 11 a.m. Education Material 12:30 p.m. Cards & Dominoes 1 p.m.
AVAILABLE DAILY Pool, Bingo, Board Games, Jigsaw Puzzles, Word Puzzles, Sewing, Dominoes & Card Games LUNCH 12 p.m.				
			1 Celebrate the Space Heroes Band Kiss w/Face Painting and Music Memorabilia at Our Spirit Week Event 10 a.m.	2 Have Spooky Fun at Our Michael Jackson Themed "Thriller Friday" Spirit Week Event 10 a.m. Senior Prom 6 p.m.
5 Pull on Your Boots, Make Paper Flowers & Get Ready for Square Dancing Musical Chairs at Hammond's Spirit Week Event 10 a.m.	6	7	8 Blood Pressure Breakfast with Dana Gardner, Dietician 9:30 a.m. Program Advisory Board Meeting @ Lane Wiley 11 a.m.	9 Grand Driver & Pedestrian Safety 10 a.m. Birthday Lunch 11 a.m.
12	13 Commodities Pick-Up 10:30 a.m.	14 Senior Summit on the Opioid Crisis~Legends Center 10 a.m.	15 Don Your Tuxes and Tutus for Lane Wiley's Formal Homecoming Spirit Week Event 10 a.m.	16 Show Off Your Talents at the Senior Entertainment Day Event 10 a.m.
19	20	21 Senior Appreciation Breakfast 9:30 a.m. Register for Your Library Card & Learn About Available Services 11 a.m.	22	23 Wear Your Favorite African Inspired Dress to Celebrate African Culture at Longbranch's Mini Fashion Show for Spirit Week 10:30 a.m.
26	27	28 Wear Your Best Sunday Hat to J.S. Johnson's Semi-Formal Hats & High Tea Spirit Week Event 10 a.m.	29	30 Taste Around the World 10:30 a.m.