

WINDY HILL SENIOR CENTER

10540 Anders Blvd. ~ Jacksonville, FL 32246

(904) 642-0729

SEPTEMBER 2019

Monday & Wednesday ~ 9 a.m. to 4 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Closed		Closed	Closed
2 Labor Day ~ Closed	3	4 Chair Exercises 9:30 a.m. Crossword Puzzles 11 a.m. Chair Volleyball 12 p.m. Pokeno 2 p.m.	5	6
9 Brain Games 9:30 a.m. Bingo 10:30 a.m. Chair Volleyball 1 p.m. Chinese Checkers 2 p.m.	10	11 Brain Games 9:30 a.m. Pokeno 11 a.m. Chair Volleyball 12 p.m. Pokeno 2 p.m.	12	13
16 Brain Games 9:30 a.m. Bingo 10:30 a.m. Chair Volleyball 1 p.m. Chess 2 p.m.	17	18 Chair Exercises 9:30 a.m. Crossword Puzzles 11 a.m. Arts & Crafts 12 p.m. Pokeno 2 p.m.	19	20
23 Chair Exercise 9:30 a.m. Bingo 10:30 a.m. Chair Volleyball 1 p.m. Chinese Checkers 2 p.m.	24	25 Chair Exercise 9:30 a.m. Brain Games 10:30 a.m. Pokeno 11 a.m. Chair Volleyball 12 p.m. Pokeno 2 p.m.	26 Senior Services Spirit Week Pep Rally at Sk8 City 10 a.m.	27
30 Brain Games 9:30 a.m. Backgammon 10 a.m. Bingo 10:30 a.m. Chess 2 p.m.		September is National Senior Center Month ~ The Key to Aging Well!		Forever Fit 50 & Beyond, 2019 Senior Games; September 27 th thru October 5 th