

MONCRIEF SENIOR CENTER

5713 Teeler Ave. ~ Jacksonville, FL 32208 ~ (904) 764-0330

Specialist: Martinique Glover

JANUARY 2020

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Exercise Class 9 a.m. Dominoes 10 a.m. Bingo 10:30 a.m.	Breakfast 9 a.m. Chair Dance 9:30 a.m. Trivia 10:30 a.m. Bridge 11 a.m.	Painting 9 a.m. Chair Volleyball 10 a.m. Word Games 11 a.m.	Breakfast 9 a.m. Chair Exercise 10 a.m. Bible Study 10:30 a.m. War of Words 11 a.m.	Art 9 a.m. Chair Volleyball 10 a.m. Bingo 11 a.m. Word Games 12:30 p.m.
AVAILABLE DAILY Puzzles, Sing-A-Long, Coloring, Reading, Computers LUNCH 12 p.m.				
		1 New Year's Day ~ Closed	2	3
6 Ringing In the New Year Celebration Party 11 a.m.	7	8 Roses on Lem Turner 10:30 a.m.	9	10 Trip to Friday Musicale 10 a.m.
13 Walmart on Lem Turner 10:30 a.m.	14	15 Trip to Mosh 10 a.m.	16	17 MLK Day Brunch (Outreach Event ~ R.S.V.P. Req.) 11 a.m.
20 MLK Day ~ Closed	21 DD's on Dunn Ave. 11 a.m.	22	23 Dollar Tree on Dunn Ave. 10:30 a.m.	24
27	28	29 Senior Day in Tallahassee 6 a.m. (Sign-Up Required) Ollies in Regency 10:30 a.m.	30	31 Inspire Your Heart with Art Day! Making Initials with Buttons 10:30 a.m.