

HAMMOND SENIOR CENTER

3312 W. 12th Street ~ Jacksonville, FL 32254 ~ (904) 786-8554

Specialist: Iscah Holland

NOVEMBER 2019

Monday - Friday ~ 8 a.m. to 5 p.m.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| Puzzles 8 a.m. Skip Bo 8:30 a.m. Walk Outside 1:30 p.m. | Puzzles 8 a.m. Skip Bo 8:30 a.m. Breakfast 9 a.m. Bible Study 11 a.m. Exercise 11:15 a.m. | Puzzles 8 a.m. Skip Bo 8:30 a.m. Breakfast 9 a.m. Cards 9:30 a.m. Blood Pressure Check 10 a.m. | Puzzles 8 a.m. Skip Bo 8:30 a.m. Breakfast 9 a.m. | Puzzles 8 a.m. Skip Bo 8:30 a.m. Chair Volleyball 10 a.m. Pool 10 a.m. Exercise 11:15 a.m. |
| AVAILABLE DAILY Puzzles and Various Games LUNCH 12 p.m. | | | | |
| Senior Expo Nov. 13 & 14 Morocco Shrine Auditorium 9 a.m. ~ 3 p.m. | | | | 1 |
| 4 Freshfields Farm 10 a.m. | 5 Emerson Thrift Shop 9:30 a.m. | 6 Roses Express 10 a.m. | 7 Shep's Discount 10 a.m. | 8 Super Bingo & Fish Fry 10 a.m. |
| 11 Veterans Day ~ Closed | 12 Bingo w/WellCare 9:30 a.m. | 13 Let's Play Family Feud 10 a.m. | 14 Senior Expo. 10 a.m. | 15 Lung Cancer Awareness Expo. & Luncheon 10 a.m. |
| 18 Walmart 10 a.m. (Normandy Blvd) | 19 | 20 White Elephant Sale 11 a.m. | 21 Site Council Meeting 10 a.m. | 22 Birthday Celebrations 11 a.m. |
| 25 Breakfast w/Dana, Dietician 9:30 a.m. Sonny's BBQ (Lane Ave) 11 a.m. | 26 Let's Blossom with Thanks (Arts & Crafts) 10 a.m. | 27 | 28 Thanksgiving Holiday ~ Closed | 29 Thanksgiving Holiday ~ Closed |