

BENNIE FURLONG SENIOR CENTER

281 19th Avenue South ~ Jacksonville Beach, FL 32250 ~ (904) 255-6730

Specialist: Joe Hancock

June 2022

Monday - Friday 8 a.m. to 5 p.m.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| Brain Games 8 a.m.. Chair Exercise 9:30 a.m.. Line Dance Class 1:30 p.m. | Brain Games 8 a.m. Breakfast 9:00 a.m. Tai Chi Class 9:15 a.m. Fit & Fab 9:30 a.m. Bingo 11:00 a.m. | Brain Games 8 a.m. Breakfast 9:00 am Chair Exercise 9:30 a.m. Fit & Fab 1:30 p.m. Ballroom Dance 7:30 p.m. | Brain Games 8 a.m. Breakfast 9:00 a.m. Tai Chi Class 9:30 a.m. Card Making 10:00 a.m. 1 st & 4 th Thursday's Bingo 11 a.m. Mah-Jong 1 p.m. | Brain Games 8 a.m. Chair Exercise 9:30 a.m. Fit & Fab 1:30 p.m. |
| AVAILABLE DAILY: Beach Walk, Cards, Computers, Ping Pong, Puzzles LUNCH 12:00 p.m. | | | | |
| | | 1 Painting with Judy 10:30 a.m. | 2 Publix 10 a.m. | 3 World Bicycle Day |
| 6 Chair Volleyball 10:30 a.m. | 7 Word Games 10:15 a.m. | 8 World Oceans Day | 9 Walmart 10 a.m. | 10 Popcorn and a Movie 2 p.m. to 4 p.m. |
| 13 Chair Volleyball 10:30 a.m. | 14 | 15 World Elder Abuse Awareness Painting with Judy 10:30 a.m. | 16 Publix 10 a.m. | 17 Take a Road Trip Day |
| 20 Center Closed for JuneTeenth | 21 World Music Day Word Games 10:15 a.m. Site Council Mtg 10:30 a.m. | 22 | 23 Walmart 10 a.m. International Widows' Day | 24 Plant and Take Event 10:00 a.m.- 1:00 p.m. |
| 27 SHINE guest speaker at 10:30 | 28 | 29 Painting with Judy 10:30 a.m. | 30 Publix 10:00 a.m. Birthday Celebration - TBD | |